

# The Holy Eucharist

## Fifth Sunday after Pentecost

June 28, 2026



# Trinity

Episcopal Church

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Prelude

Prelude in C, BWV 545, J. S. Bach

The prelude offers the opportunity to prepare our hearts and minds for worship.  
Please help keep the church a quiet and worshipful space during the prelude.

Hymn 518

Westminster Abbey

Descant

4 Here vouch - safe to all thy serv - ants what they ask of

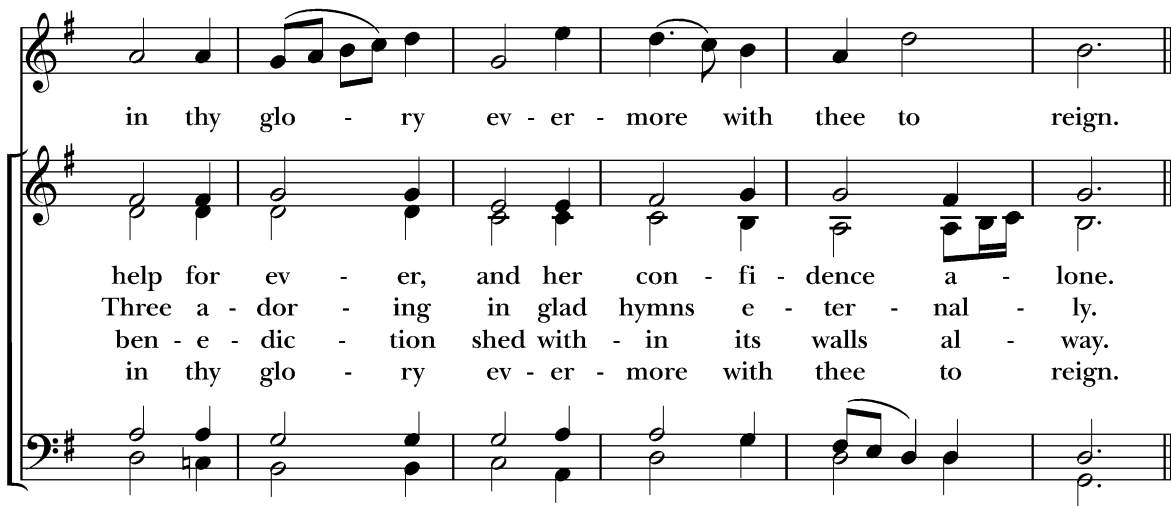
1 Christ is made the sure foun - da - tion, Christ the head and  
 2 All that ded - i - cat - ed ci - ty, dear - ly loved of  
 3 To this tem - ple, where we call thee, come, O Lord of  
 4 Here vouch - safe to all thy serv - ants what they ask of

thee to gain; what they gain from thee, for ev - er

cor - ner - stone, cho - sen of the Lord, and pre - cious,  
 God on high, in ex - ult - ant ju - bi - la - tion  
 Hosts, to - day; with thy wont - ed lov - ing - kind - ness  
 thee to gain; what they gain from thee, for ev - er

with the bless - ed to re - tain, and here - af - ter

bind - ing all the Church in one; ho - ly Zi - on's  
 pours per - pet - ual mel - o - dy; God the One in  
 hear thy serv - ants as they pray, and thy full - est  
 with the bless - ed to re - tain, and here - af - ter



in thy glo - ry ev - er - more with thee to reign.  
 help for ev - er, and her con - fi - dence a - lone.  
 Three a - dor - ing in glad hymns e - ter - nal - ly.  
 ben - e - dic - tion shed with - in its walls al - way.  
 in thy glo - ry ev - er - more with thee to reign.

Words: Latin, ca. 7th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1856), alt. Music: *Westminster Abbey*, Henry Purcell (1659-1695), adapt; desc. James Gillespie (b. 1929). Descant by permission of Church Society, London.

THE LITURGY OF THE WORD

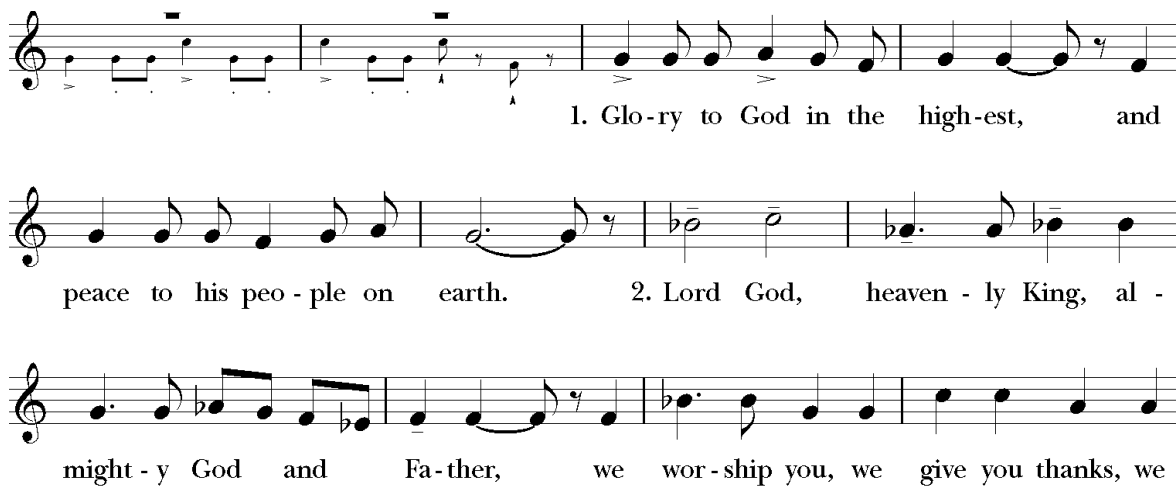
*Book of Common Prayer, page 355*

*Celebrant* Blessed be the one, holy, and living God.  
*People* **Glory to God for ever and ever.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis

*S 278, William Mathias*



1. Glo-ry to God in the high-est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
 might - y God and Fa-ther, we wor - ship you, we give you thanks, we

praise you for your glo - ry. 3. Lord Je - sus Christ,

on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For

you a - lone are the Ho - ly One, you a - lone are the Lord,

7. you a - lone are the Most High, Je - sus Christ, with the

Ho - ly Spi - rit, in the glo - ry of

God the Fa - ther. A - men.

*Celebrant* God be with you.  
*People* **And also with you.**  
Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.  
**Amen.**

*The people are seated.*

**Anthem** Children's Choirs and Alumni (10 a.m. only) *I am the Church*, Richard Avery

*I am the church! You are the church! We are the church together! All who follow Jesus, all around the world, yes, we're the church together! The church is not a building, the church is not a steeple, the church is not a resting place; the church is a people! I am the church... We're different kinds of people with different kinds of faces, all colors and all ages too, from all times and places. I am the church...*

### **A reading from the book of Genesis**

22:1-14

God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and

took the ram and offered it up as a burnt offering instead of his son. So Abraham called that place “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided.”

The Word of the Lord.

**Thanks be to God.**

### **Psalm 13**

*Book of Common Prayer, page 597*

- 1 How long, O Lord?  
will you forget me for ever? \*  
how long will you hide your face from me?
- 2 **How long shall I have perplexity in my mind,  
and grief in my heart, day after day? \***  
**how long shall my enemy triumph over me?**
- 3 Look upon me and answer me, O Lord my God; \*  
give light to my eyes, lest I sleep in death;
- 4 **Lest my enemy say, "I have prevailed over him," \***  
**and my foes rejoice that I have fallen.**
- 5 But I put my trust in your mercy; \*  
my heart is joyful because of your saving help.
- 6 **I will sing to the Lord, for he has dealt with me richly; \***  
**I will praise the Name of the Lord Most High.**

### **A reading from the letter of Paul to the Romans**

*6:12-23*

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end

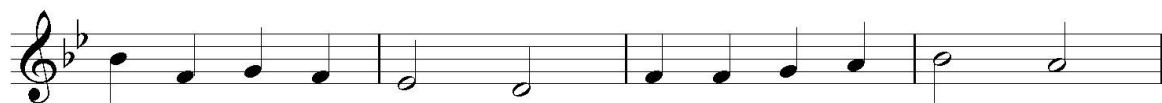
of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

The Word of the Lord.

**Thanks be to God.**

**Hymn 475**

*Tysk*



God him - self is with us; let us all a - dore him,  
 Glad - ly, Lord we of - fer thine to be for ev - er,  
 Thou per - vad - est all things; let thy rad - iant beau - ty  
 Come, a - bid - e with - in me; let my soul, like Ma - ry,



and with awe a - pear be - fore him. God is here with - in us;  
 soul and life and each en - deav - or. Help us to sur - rend - er  
 light mine eyes to see my du - ty. As the ten - der flow - ers  
 be thine earth - ly sanc - tu - ar - y. Come, in - dwell - ing Spi - rit,



souls in si - lence fear him, hum - bly, fer - vent - ly draw near him. Now his own  
 earth's de - ceit - ful trea - sures, pride of life, and sin - ful plea - sures: thou a - lone  
 ea - ger - ly un - fold them, to the sun - light calm - ly hold them, so let me  
 with trans - fi - guring splen - dor; love and hon - or will I ren - der. Where I go



who have known God, in wor - ship low - ly, yield their spi - rits whol - ly.  
 shalt be known Lord of all our be - ing, life's true way de - cree - ing.  
 qui - et - ly in thy rays im - bue me; let thy light shine through me.  
 here be - low, let me bow be - fore thee, know thee, and a - dore thee.

Words: Gerhardt Tersteegen (1697-1769); tr. *Hymnal 1940*, alt. st. 3, tr. Henry Sloane Coffin (1877-1954)  
 Music: *Tysk*, from *Psalm and Choralbuch*, 1791

*Priest* The Holy Gospel of our Lord Jesus Christ according to Matthew  
*People* **Glory to you, Lord Christ.**

*Matthew 10:40-42*

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water

to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**The Sermon**

The Rev. Emily Mellott

**The Nicene Creed**

*Book of Common Prayer, page 358, adapted*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
was incarnate from the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of the People

Form IV, *Book of Common Prayer*, page 388

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy

**Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy

**Hear our prayer.**

*The Celebrant adds a concluding prayer.*

## Confession of Sin

*Book of Common Prayer*, page 360

*The Deacon or Celebrant says to the people*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,**

by what we have done,  
 and by what we have left undone.  
 We have not loved you with our whole heart;  
 we have not loved our neighbors as ourselves.  
 We are truly sorry and we humbly repent.  
 For the sake of your Son Jesus Christ,  
 have mercy on us and forgive us;  
 that we may delight in your will,  
 and walk in your ways,  
 to the glory of your Name. Amen.

*The Priest says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### Exchange of Peace

*The Celebrant says to the people*

The peace of Christ be always with you.

*People* **And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

*Announcements may be made about matters of interest to the congregation*

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.  
 At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.  
 Or, at either service, scan the QR code to make a gift electronically.



### Hymn 691

*Olivet*

1 My faith looks up to thee, thou Lamb of Cal - va - ry,  
 2 May thy rich grace im - part strength to my faint - ing heart,  
 3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine!      Now hear me while I pray,      take all my  
 my zeal in - spire;      as thou hast died for me,      O may my  
 be thou my guide;      bid dark-ness turn to day;      wipe sor - row's

guilt a - way;      O let me from this day be whol - ly      thine.  
 love to thee      pure, warm, and change-less be,      a liv - ing      fire.  
 tears a - way,      nor let me ev - er stray from thee a -      side.

Words: Ray Palmer (1808-1887). Music: *Olivet*, Lowell Mason (1792-1872).

**Hymn at the Presentation**

*Old Hundredth*

**Praise God, from whom all blessings flow;  
 Praise God, all creatures here below;  
 Praise God above, ye heav'nly host;  
 Praise Father, Son, and Holy Ghost. Amen.**

**Eucharistic Prayer 1**

*From Enriching Our Worship*

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

*The people kneel or stand, according to personal preference, as the Celebrant continues*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

*The Celebrant breaks the consecrated Bread, then says*

*Alleluia. Christ our Passover is sacrificed for us;*

**Therefore let us keep the feast. Alleluia.**

*The Celebrant invites the people to communion, saying*

*The gifts of God, for the people of God.*

*Those worshipping remotely may offer a prayer for “spiritual communion”, printed below.*

## **A prayer for Spiritual Communion**

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

*(From Saint Augustine's Prayer Book, rev 2014., based on a prayer by St. Alphonsus de Liguori)*

## **Post communion prayer**

*The Book of Occasional Services, p345*

**Almighty God,**

**we thank you for feeding us with the holy food  
of the Body and Blood of your Son,  
and for uniting us through him  
in the fellowship of your Holy Spirit.**

**We thank you for raising up among us  
faithful servants of your Word.**

**We thank you especially for the work  
of Vernon and Maris Williams among us,  
and their presence in this community.**

**Grant that both they and we may serve you in the days ahead,  
and always rejoice in your glory,  
and come at length into your heavenly kingdom;  
through Jesus Christ our Savior. Amen.**

## **Choral Benediction (10 a.m. only)**

*Arh yd y nos, Welsh Traditional Tune*

Words: Emily Mellott,

Descant: Andrew Senn

based on *Collect for Church Musicians* and Numbers 6:24-26

Saints and angels join in singing, praise God above, while on earth our voices ringing show forth God's love. By the labor of your servants beauty shines and hearts are nourished. Hear our thanks for Vernon's service, O God of love.

May the Lord protect and bless you, and give you peace. May God's face now shine upon you, and give you peace. May God lift up light upon you, pour out grace and favor on you. May God ever guide and guard you; Go now in peace.

## **Blessing**

*The priest offers a blessing, and the people respond. Amen.*

# Hymn 376

*Hymn to Joy*

1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;  
 2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,  
 3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,

hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.  
 stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.  
 well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!

Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;  
 Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,  
 Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;

giv - er of im - mor - tal glad - ness, fill us with the light of day.  
 chant - ing bird and flow - ing foun - tain, call us to re - joice in thee.  
 teach us how to love each o - ther, lift us to the joy di - vine.

Words: Henry Van Dyke (1852-1933) Copyright © reprinted with the permission of Charles Scribner's Sons. All rights reserved. Used with permission.  
 Music: *Hymn to Joy*, Ludwig van Beethoven (1770-1827); adapt. Edward Hodges (1796-1867), alt.

## The Dismissal

*The people are dismissed to go forth into the world.*

*People* Thanks be to God. [Alleluia, alleluia.]

## Postlude

*Fugue in C Major, BWV 545, J. S. Bach*



+++++++

*The flowers on the altar this morning are given in thanksgiving  
for the ministry of Vernon and Maris Williams*

Wendy Carber, Jasmine Deplet, Pricilla Knapp, Ines Tokashiki, *Altar Guild*  
Diana Wind, Esther Pearson, *Flower Guild*  
The Team with No Name, *Hospitality*  
Bill McBride; Lisa Yeh, Liliana Seaman, *Lectors*  
Stephen Meader; Bob Winzler, *Ushers*  
Bob Litsinger, Linda Ralls; Lorraine Ryan, Jeff Wojcik, *Chalice Bearers*  
Patrick Louie, *Crucifer*  
Nancy Matthews, *Tech Guild*  
Vernon Williams, *Music Director*  
The Rev. Emily Mellott, *Celebrant & Preacher*