

The Holy Eucharist
The Second Sunday
in Lent

March 1, 2026



Trinity
Episcopal Church

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Prelude

Chaconne in F Minor, Johann Pachelbel

Please stand as the leaders of the service enter in silent procession.

A PENITENTIAL ORDER

Book of Common Prayer, page 351

Celebrant Bless the Lord who forgives all our sins.
People **God's mercy endures for ever.**

God spoke these words, and said:
I am the Lord your God who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods but me.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not make for yourself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; you shall not bow down to them, nor worship them.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not take the Name of the Lord your God in vain.
Lord, have mercy upon us, and incline our hearts to keep this law.

Remember the Sabbath day and keep it holy.
Lord, have mercy upon us, and incline our hearts to keep this law.

Honor your father and your mother.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall do no murder.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not commit adultery.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not steal.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not bear false witness against your neighbor.
Lord, have mercy upon us, and incline our hearts to keep this law.

You shall not covet.
Lord, have mercy upon us, and incline our hearts to keep this law.

The Celebrant then says
Let us humbly confess our sins to Almighty God.

The people are invited to kneel. Silence may be kept.

Almighty and most merciful Father,
 we have erred and strayed from your ways like lost sheep,
 we have followed too much the devices and desires of our own hearts,
 we have offended against your holy laws,
 we have left undone those things which we ought to have done,
 and we have done those things which we ought not to have done.
 But you, O Lord, have mercy upon us,
 spare those who confess their faults,
 and restore those who are penitent,
 according to your promises declared to all people
 in Christ Jesus our Lord;
 and grant, O most merciful Father, for his sake,
 that we may hereafter live a godly, righteous, and sober life,
 to the glory of your holy Name. Amen.

The Priest, stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of the Holy Spirit. **Amen.**

The people stand, as able.

Kyrie S 96

Franz Schubert

Lord, have mer - cy. Lord, have mer - cy.
 Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord,
 Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, -
 Lord, have mer - cy. Lord, have mer - cy.
 Lord, have mer - cy, have mer - cy.

Celebrant God be with you.
People **And also with you.**
 Let us pray. *(BCP page 218)*

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

The people are seated.

Anthem (St. Cecilia Choir) *The Father's Love*, Simon Lole

As the Father has loved me, so have I loved you. Remain in my love. This is my commandment: that you love one another, as I have loved you. God is love, and those who live in love live in God and God lives in them. If you keep my commandments, love one another, as I have loved you. Then your joy will be complete.

A reading from the book of Genesis

12:1-4a

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

Thanks be to God.

Psalm 121

Book of Common Prayer, page 779

- 1 I lift up my eyes to the hills; *
from where is my help to come?
- 2 **My help comes from the Lord, ***
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 **Behold, he who keeps watch over Israel ***
shall neither slumber nor sleep;
- 5 The Lord himself watches over you; *
the Lord is your shade at your right hand,
- 6 **So that the sun shall not strike you by day, ***
nor the moon by night.
- 7 The Lord shall preserve you from all evil; *
it is he who shall keep you safe.
- 8 **The Lord shall watch over your going out and your coming in, ***
from this time forth for evermore.

A reading from the letter of Paul to the Romans

4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed

to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

Thanks be to God.

Hymn 691

Olivet

1 My faith looks up to thee, thou Lamb of Cal - va - ry,
 2 May thy rich grace im - part strength to my faint - ing heart,
 3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine! Now hear me while I pray, take all my
 my zeal in - spire; as thou hast died for me, O may my
 be thou my guide; bid dark-ness turn to day; wipe sor - row's

guilt a - way; O let me from this day be whol - ly thine.
 love to thee pure, warm, and change-less be, a liv - ing fire.
 tears a - way, nor let me ev - er stray from thee a - side.

Words: Ray Palmer (1808-1887). Music: *Olivet*, Lowell Mason (1792-1872).

The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

John 3:1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him,

“Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. “For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Rev. Emily Mellott

The Nicene Creed

Book of Common Prayer, page 358, adapted

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate from the Virgin Mary,
and became truly human.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

In this holy season of Lent, we enter the wilderness with Jesus and pray for courage to give up the things we do not need, and to give ourselves completely to God.

Lord, give your Church the courage to give up our focus on our own interests, and to give more time to your mission in the world. May the faithfulness of Jesus help us to face the cost of proclaiming salvation, and be faithful in love of neighbor and service to you.
God, meet us in our wilderness, **give us strength and hear our prayer.**

Give your world the courage to give up war, bitterness, violence and hatred, and to seek peace, and to give ourselves to the work of bringing compassion and forgiveness to places and times of conflict, to our enemies as well as to our friends.
God, meet us in our wilderness, **give us strength and hear our prayer.**

Give us the courage to give up quarrels, strife and jealousy in our families, neighborhoods, and communities, and to give ourselves to bringing wholeness, hope, and mutual love among the members of Christ's Body, and all those he died and rose to heal and save.
God, meet us in our wilderness, **give us strength and hear our prayer.**

Give us the courage to give up our selfishness, so we can live for others, and give time, care, and comfort to the sick, the injured, the oppressed, and the lonely. Grant that the wounded hands of Jesus may bring his healing touch and presence to all who are in trouble, pain, or need.
God, meet us in our wilderness, **give us strength and hear our prayer.**

Give us the courage to give up our fear of death, to give ourselves to care for the dying and bereaved, and to embrace the transformation of eternal life here and now.
Grant all who have died new life in the glory of the risen Christ.
God, meet us in our wilderness, **give us strength and hear our prayer.**

The Celebrant adds a concluding prayer.

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord.

Announcements may be made about matters of interest to the congregation.

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.

At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.

Or, at either service, scan the QR code to make a gift electronically.



Offertory Anthem

God So Loved the World, Bob Chilcott

God so loved the world, that He gave his only begotten Son, that whoso believeth, in him should not perish, but have everlasting life.

Hymn at the Presentation (sung at both services)

Old Hundredth

**Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Praise God above, ye heav'nly host;
Praise Father, Son, and Holy Ghost. Amen.**

Eucharistic Prayer 2

from Enriching Our Worship

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

S 130, Franz Schubert

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The people kneel as able, as the Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread, then says
Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

The Celebrant invites the people to communion, saying
The gifts of God, for the people of God.
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

Those worshipping remotely are invited to offer a prayer for “spiritual communion”, printed in this booklet.

A prayer for Spiritual Communion

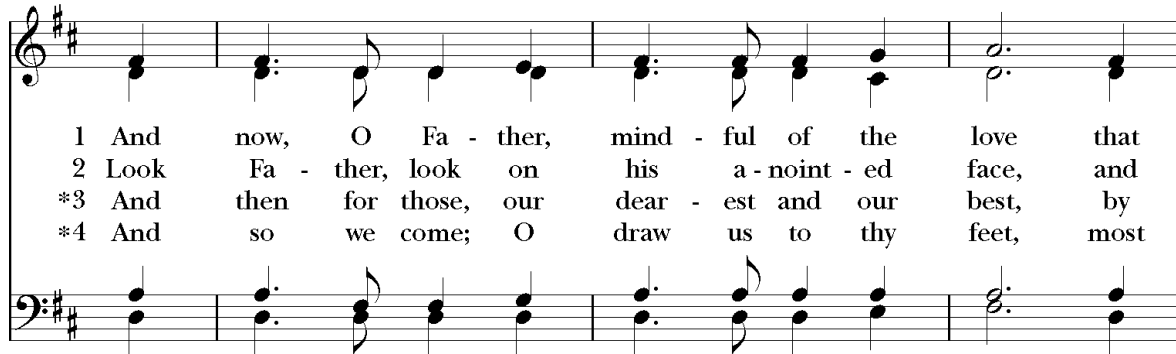
Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

(From *Saint Augustine's Prayer Book*, rev 2014., based on a prayer by St. Alphonsus de Liguori)

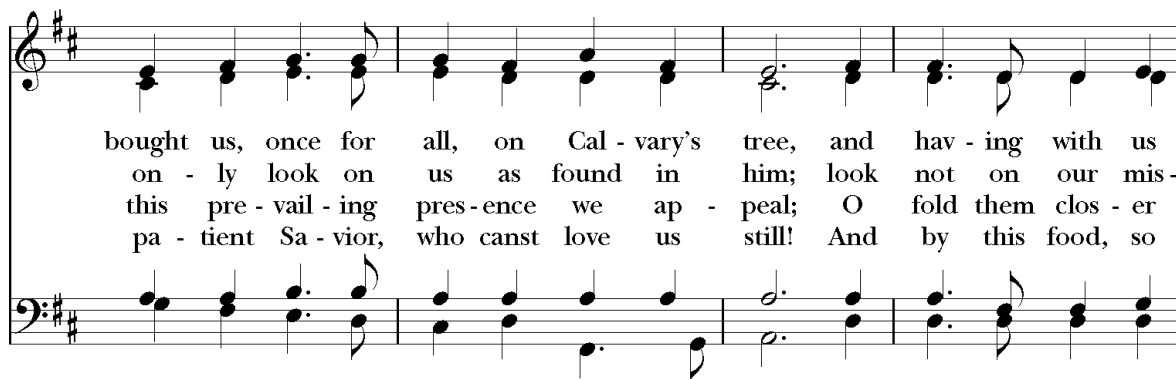
Music at Communion:

Hymn 337

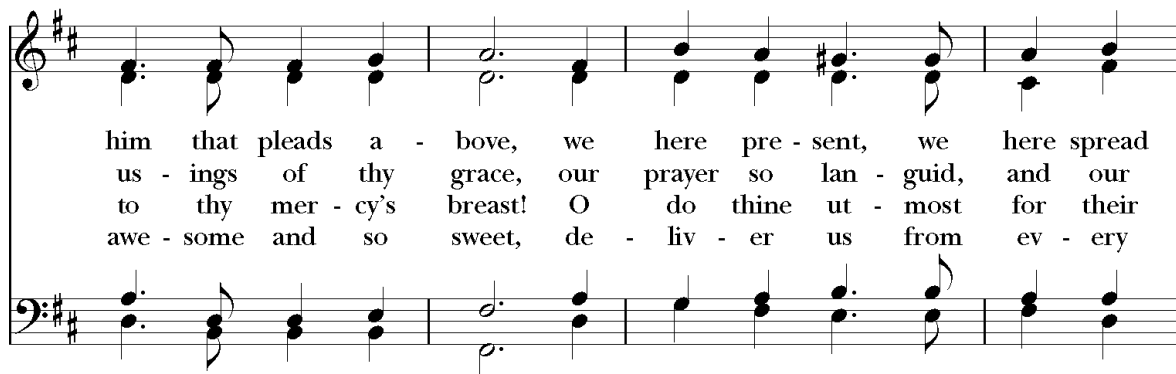
Unde et memores



1 And now, O Fa - ther, mind - ful of the love that
 2 Look Fa - ther, look on his a - noint - ed face, and
 *3 And then for those, our dear - est and our best, by
 *4 And so we come; O draw us to thy feet, most



bought us, once for all, on Cal - vary's tree, and hav - ing with us
 on - ly look on us as found in him; look not on our mis -
 this pre - vail - ing pres - ence we ap - peal; O fold them clos - er
 pa - tient Sa - vior, who canst love us still! And by this food, so



him that pleads a - bove, we here pre - sent, we here spread
 us - ings of thy grace, our prayer so lan - guid, and our
 to thy mer - cy's breast! O do thine ut - most for their
 awe - some and so sweet, de - liv - er us from ev - ery

forth to thee, that on - ly of - fering per - fect in thine
 faith so dim: for lo! be - tween our sins and their re -
 soul's true weal! From taint - ing mis - chief keep them pure and
 touch of ill: in thine own ser - vice make us glad and

 eyes, the one true, pure, im - mor - tal sac - ri - fice.
 ward, we set the pas - sion of thy Son our Lord.
 clear, and crown thy gifts with strength to per - se - vere.
 free, and grant us nev - er - more to part from thee.

Words: William Bright (1824-1901), alt. Music: *Unde et memores*, William Henry Monk (1823-1889)

Hymn 668

Burford

1 I to the hills will lift mine eyes; from whence shall come my aid?
 2 He will not let thy foot be moved, his own he safe - ly keeps;
 3 Thy faith - ful guard - ian is the Lord, thy shelt - er and thy shade;
 4 From e - vil he shall keep thee safe and shall thy strength re - store

 My help is from the Lord a - bove who heaven and earth hath made.
 with watch - ful and un - tir - ing eye he slum - bers not, nor sleeps.
 nor sun by day, nor moon by night, need make thy soul a - fraid.
 and guard thy go - ing out and in, both now and ev - er - more.

Words: *The Psalms of David in Meeter*, 1650, alt.; st. 4, F. Bland Tucker (1895-1984); para. of Psalm 121. St. 4, Copyright © The Church Pension Fund. Music: *Burford*, from *A Book of Psalmody*, 1718.

Hymn 489

Tallis' Ordinal

1 The great Cre - a - tor of the worlds, the sov - ereign God of heaven,
 2 He sent no an - gel of his host to bear this might - y word,
 3 He sent him not in wrath and power, but grace and peace to bring;
 4 He sent him down as send - ing God; in flesh to us he came;
 5 He came as Sa - vior to his own, the way of love he trod;

1 his ho - ly and im - mor - tal truth to all on earth hath given.
 2 but him through whom the worlds were made, the ev - er - last - ing Lord.
 3 in kind - ness, as a king might send his son, him - self a king.
 4 as one with us he dwelt with us, and bore a hu - man name.
 5 he came to win us by good will, for force is not of God.

6 Not to oppress, but summon all
 their truest life to find,
 in love God sent his Son to save,
 not to condemn mankind.

Words: Epistle to Diognetus, ca. 150; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. Music: *Tallis' Ordinal*, Thomas Tallis (1505?-1585).

Post communion prayer

Book of Common Prayer 339, adapted

The people may kneel or stand.

**Almighty and everliving God,
 we thank you for feeding us, in these holy mysteries,
 with the spiritual food of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 of your favor and goodness towards us
 and that we are living members of the Body of Christ,
 of the blessed company of all faithful people,
 and heirs of your eternal kingdom.
 And now, O God, assist us with your grace,
 that we may continue in that holy fellowship,
 and do all such good works as you have prepared for us to walk in.
 through Jesus Christ our Lord,**

to whom, with you and the Holy Spirit,
be all honor and glory, world without end. Amen.

Blessing

The priest offers a blessing, and the people respond. Amen.

Hymn 473

Crucifer

Descant



Lift high the cross, the love of Christ pro - claim

Refrain



Lift high the cross, the love of Christ pro - claim



till all the world a - dore _____ his sa - cred Name.



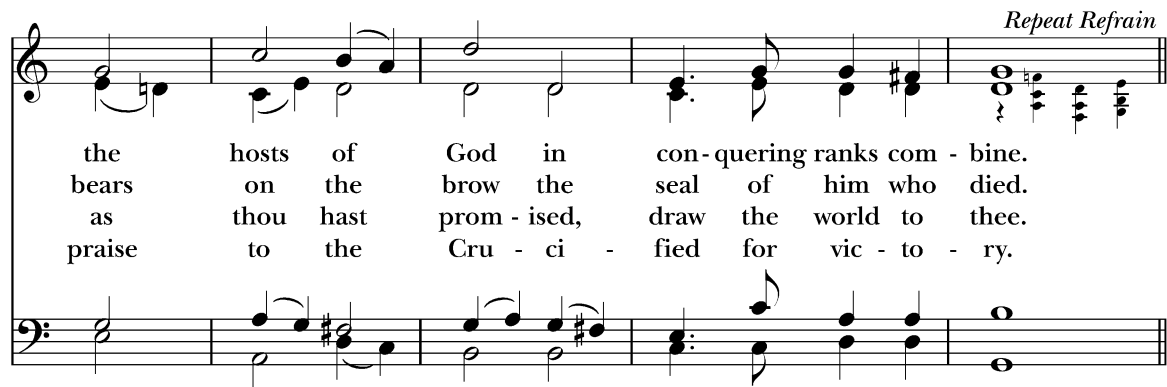
till all the world _____ a - dore _____ his sa - cred Name.



Led on their way by this tri - um - phant sign,
Each new - born ser - vant of the Cru - ci - fied
O Lord, once lift - ed on the glo - rious tree,
So shall our song of tri - umph ev - er be:



Repeat Refrain



the hosts of God in con- quering ranks com - bine.
 bears on the brow the seal of him who died.
 as thou hast prom - ised, draw the world to thee.
 praise to the Cru - ci - fied for vic - to - ry.

Words: George William Kitchin (1827-1912) and Michael Robert Newbolt (1874-1956). Copyright © 1974 by Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission. Music: *Crucifer*, Sydney Hugo Nicholson (1875-1947); desc. Richard Proulx (b. 1937). Copyright © 1974 by Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission.

Please remain standing while the procession exits the church in silence.

The Dismissal

The people are dismissed to go forth into the world.

People **Thanks be to God.**



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Gayle Celentano, Joan Willett, Christopher Costa, Carolyn Weeks, *Altar Guild*
 The Young at Heart Guinea Pigs, *Hospitality*
 Stella Horton; Madelyne Gibson, Lori Rapuano, *Lectors*
 Jeff Wojcik; David Douglass, *Ushers*
 Kiersten Naugle, Logan Ramirez, *Acolytes*
 Jeff Gola, Tom Bader; Jane Shaw, Michael Winterrowd, *Chalice Bearers*
 Nancy Matthews, *Tech Guild*
 Vernon Williams, *Music Director*
 The Rev. Emily Mellott, *Celebrant & Preacher*