

# The Holy Eucharist

## Third Sunday after Pentecost

June 29, 2024



# Trinity

Episcopal Church

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## Prelude

## Variations on "Jesu meine Freude", Johann Gottfried Walther

*The prelude offers the opportunity to prepare our hearts and minds for worship.  
Please help keep the church a quiet and worshipful space during the prelude.*

## Hymn 436

*Truro*

1 Lift up your heads, ye might - y gates; be - hold the  
2 O blest the land, the ci - ty blest, where Christ the  
3 Fling wide the por - tals of your heart; make it a  
\*4 Re - deem - er, come! I o - pen wide my heart to  
5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is  
2 ru - ler is con - fessed! O hap - py hearts and  
3 tem - ple, set a - part from earth - ly use for  
4 thee: here, Lord, a - bide! Let me thy in - ner  
5 no - bler life be - gin; thy Ho - ly Spi - rit

1 draw - ing near; the Sa - vior of the world is here.  
2 hap - py homes to whom this King of tri - umph comes!  
3 heaven's em - ploy, a - dorned with prayer and love and joy.  
4 pres - ence feel: thy grace and love in me re - veal.  
5 guide us on, un - til the glo - rious crown be won.

Words: Georg Weissel (1590-1635); tr. Catherine Winkworth (1827-1878). Music: *Truro*, melody from *Psalmody Evangelica*, Part II, 1789; harm. Lowell Mason (1792-1872), alt.

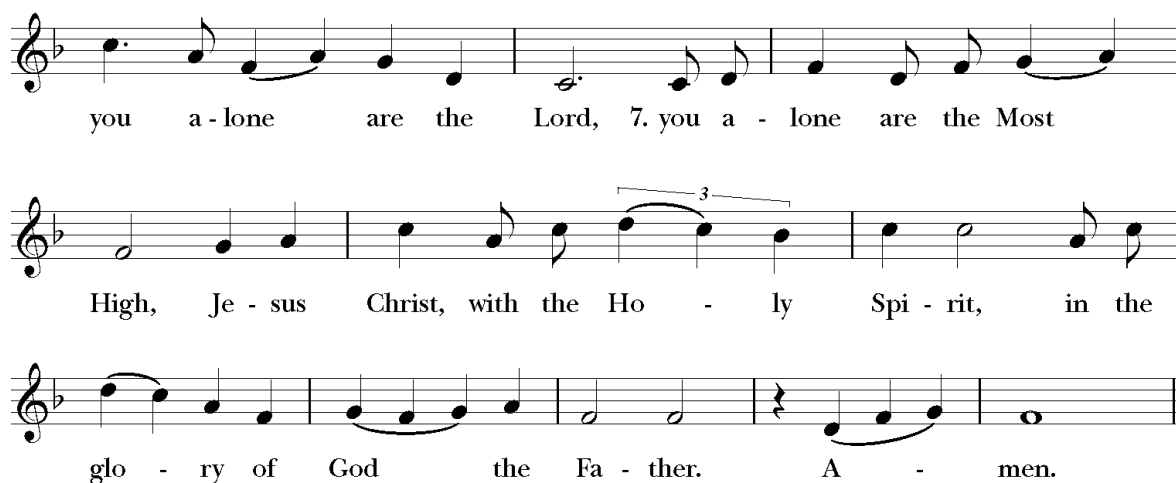
*Celebrant* Blessed be the one, holy, and living God.  
*People* **Glory to God for ever and ever.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Gloria in excelsis**

S 280, Robert Powell

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - might - y God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,



*Celebrant*  
*People*

God be with you.

**And also with you.**

Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.  
**Amen.**

*The people are seated.*

## **A reading from the second book of Kings**

2:1-2, 6-14

When the Lord was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; for the Lord has sent me as far as Bethel." But Elisha said, "As the Lord lives, and as you yourself live, I will not leave you." So they went down to Bethel. Then Elijah said to him, "Stay here; for the Lord has sent me to the Jordan." But he said, "As the Lord lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground. When they had crossed, Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept

watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces. He picked up the mantle of Elijah that had fallen from him, and went back and stood on the bank of the Jordan. He took the mantle of Elijah that had fallen from him, and struck the water, saying, "Where is the Lord, the God of Elijah?" When he had struck the water, the water was parted to the one side and to the other, and Elisha went over.

The Word of the Lord.

**Thanks be to God.**

**Psalm 77:1-2, 11-20**

*Book of Common Prayer, page 693*

- 1 I will cry aloud to God; \*  
I will cry aloud, and he will hear me.
- 2 **In the day of my trouble I sought the Lord; \***  
**my hands were stretched out by night and did not tire;**  
**I refused to be comforted.**
- 11 I will remember the works of the Lord, \*  
and call to mind your wonders of old time.
- 12 **I will meditate on all your acts \***  
**and ponder your mighty deeds.**
- 13 Your way, O God, is holy; \*  
who is so great a god as our God?
- 14 **You are the God who works wonders \***  
**and have declared your power among the peoples.**
- 15 By your strength you have redeemed your people, \*  
the children of Jacob and Joseph.
- 16 **The waters saw you, O God;**  
**the waters saw you and trembled; \***  
**the very depths were shaken.**
- 17 The clouds poured out water;  
the skies thundered; \*  
your arrows flashed to and fro;
- 18 **The sound of your thunder was in the whirlwind;**  
**your lightnings lit up the world; \***  
**the earth trembled and shook.**
- 19 Your way was in the sea,  
and your paths in the great waters, \*  
yet your footsteps were not seen.
- 20 **You led your people like a flock \***  
**by the hand of Moses and Aaron.**

## A reading from the letter of Paul to the Galatians

5:1, 13-25

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself." If, however, you bite and devour one another, take care that you are not consumed by one another. Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

The Word of the Lord.

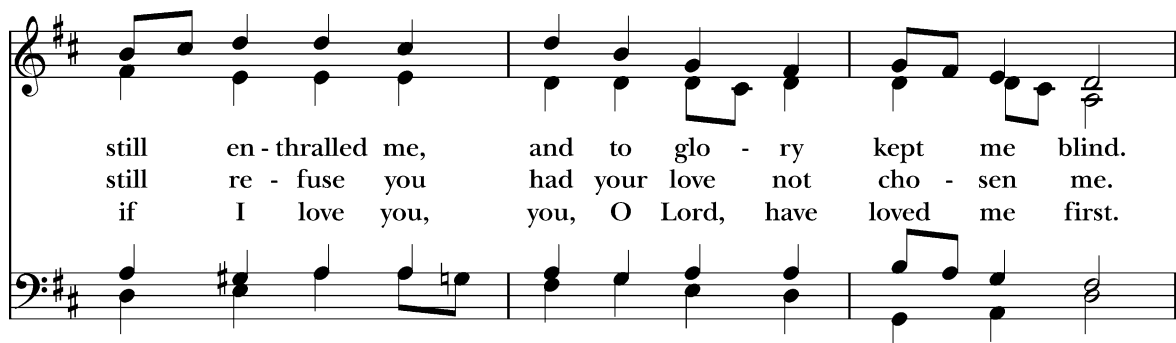
**Thanks be to God.**

### Hymn 706

*Halton Holgate*

1 In your mer - cy, Lord, you called me, taught my  
2 Lord, I did not free - ly choose you till by  
3 Now my heart sets none a - bove you, for your

sin - filled heart and mind, else this world had  
grace you set me free; for my heart would  
grace a - lone I thirst, know - ing well, that



Words: Josiah Conder (1789-1855); alt. Charles P. Price (1920-1999). Copyright © 1982, Charles P. Price. Music: *Halton Holgate*, William Boyce (1711-1779).

*Priest* The Holy Gospel of our Lord Jesus Christ according to Luke  
*People* **Glory to you, Lord Christ.**

*Luke 9:51-62*

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, "Lord, do you want us to command fire to come down from heaven and consume them?" But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, "I will follow you wherever you go." And Jesus said to him, "Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head." To another he said, "Follow me." But he said, "Lord, first let me go and bury my father." But Jesus said to him, "Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God." Another said, "I will follow you, Lord; but let me first say farewell to those at my home." Jesus said to him, "No one who puts a hand to the plow and looks back is fit for the kingdom of God."

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

**The Sermon**

Ms. Abigail Merk

**The Nicene Creed**

*Book of Common Prayer, page 358, adapted*

**We believe in one God,  
 the Father, the Almighty,  
 maker of heaven and earth,  
 of all that is, seen and unseen.  
 We believe in one Lord, Jesus Christ,  
 the only Son of God,  
 eternally begotten of the Father,**

God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
was incarnate from the Virgin Mary,  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### Prayers of the People

Form II, *Book of Common Prayer*, page 385

I ask your prayers for God's people throughout the world; for our Bishop, Sally, our Presiding Bishop, Sean; for this gathering; and for all ministers and people.  
Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.  
Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.  
Pray for those in any need or trouble.

*Silence*



I ask your prayers for all who seek God, or a deeper knowledge of him.  
Pray that they may find and be found by him.

*Silence*

I ask your prayers for the departed.  
Pray for those who have died.

*Silence*

Praise God for those in every generation in whom Christ has been honored.  
Pray that we may have grace to glorify Christ in our own day.

*Silence*

*The Celebrant adds a concluding prayer.*

### **Confession of Sin**

*Book of Common Prayer, page 360*

*The Deacon or Celebrant says to the people*  
Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Exchange of Peace

*The Celebrant says to the people*

The peace of Christ be always with you.

*People*

**And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

*Announcements may be made about matters of interest to the congregation*

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.

At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.

Or, at either service, scan the QR code to make a gift electronically.



## Hymn 488

*Slane*



1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true word;  
3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—  
I ev - er with thee and thou with me, Lord;  
may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought,— by day or by night,  
thou my great Fa - ther; thine own may I be;  
Heart of my heart,— what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.  
thou in me dwell - ing, and I one with thee.  
still be my vis - ion, O Ru - ler of all.

Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Copyright © by permission of the Estate of Eleanor Hull and Chatto & Windus Ltd. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

## Hymn at the Presentation

*Old Hundredth*

**Praise God, from whom all blessings flow;  
Praise God, all creatures here below;  
Praise God above, ye heav'nly host;  
Praise Father, Son, and Holy Ghost. Amen.**

## Eucharistic Prayer A *(expansive)*

*Book of Common Prayer p 361, adapted*

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. *[the priest adds a thanksgiving to God that is appropriate to the day or celebration, then continues:]* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*S 129, Robert Powell*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_\_

*The people stand or kneel, according to personal preference, as the Celebrant continues*

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to

reconcile us to you, the God and maker of all. Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith,

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.  
**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

*The Celebrant breaks the consecrated Bread, then says*  
Alleluia. Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia.**

*The Celebrant invites the people to communion, saying*  
The gifts of God, for the people of God.

*Those worshipping remotely are invited to offer this prayer for "spiritual communion".*

### **A prayer for Spiritual Communion**

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

*(From Saint Augustine's Prayer Book, rev 2014., based on a prayer by St. Alphonsus de Liguori)*

### **Music at Communion:**

#### **Voluntary**

*Adagio, W. A. Mozart*

#### **Post communion prayer**

*Book of Common Prayer, p. 366, adapted*

**Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of Christ,  
and heirs of your eternal kingdom.  
And now, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Savior.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

#### **Blessing**

*The priest offers a blessing, and the people respond. **Amen.***

# Hymn 559

*Dulce carmen*

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -  
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness  
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,  
 thou dost know; thou didst tread this earth be - fore us;  
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing  
 thou didst feel its keen - est woe; yet un - fear - ing,  
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.  
 per - se - ver - ing, to thy pas - sion thou didst go.  
 par - doned, guid - ed, noth - ing can our peace des - troy.

Words: James Edmeston (1791-1867), alt. Music: *Dulce carmen*, melody from *An Essay on the Church Plain Chant*, 1782; adapt. *Collection of Motetts or Antiphons*, ca 1840; harm. William Henry Monk (1823-1889).

## The Dismissal

*The people are dismissed to go forth into the world.*

People Thanks be to God. [Alleluia, alleluia.]



+++++++

*The flowers on the altar this morning are given by the Velzy family  
in loving memory and celebration of the life of Claire B. Velzy*

Wendy Carber, Joan Willett, Priscilla Knapp, *Altar Guild*

Cathy Ruff, Kisha Mann, *Flower Guild*

Jeff Gola; Rafael Declet, *Lectors*

Liz Louie; Bob Winzler, *Ushers*

Jeff Wojcik, Jasmine Declet; Nancy Matthews, Linda Ralls, *Chalice Bearers*

Jeff Wojcik, *Tech Guild*

Vernon Williams, *Organist*

Ms. Abigail Merk, *Preacher*

The Rev. Emily Mellott, *Celebrant*