

The Holy Eucharist

Sixteenth Sunday
after Pentecost
September 8, 2024



Trinity
Episcopal Church

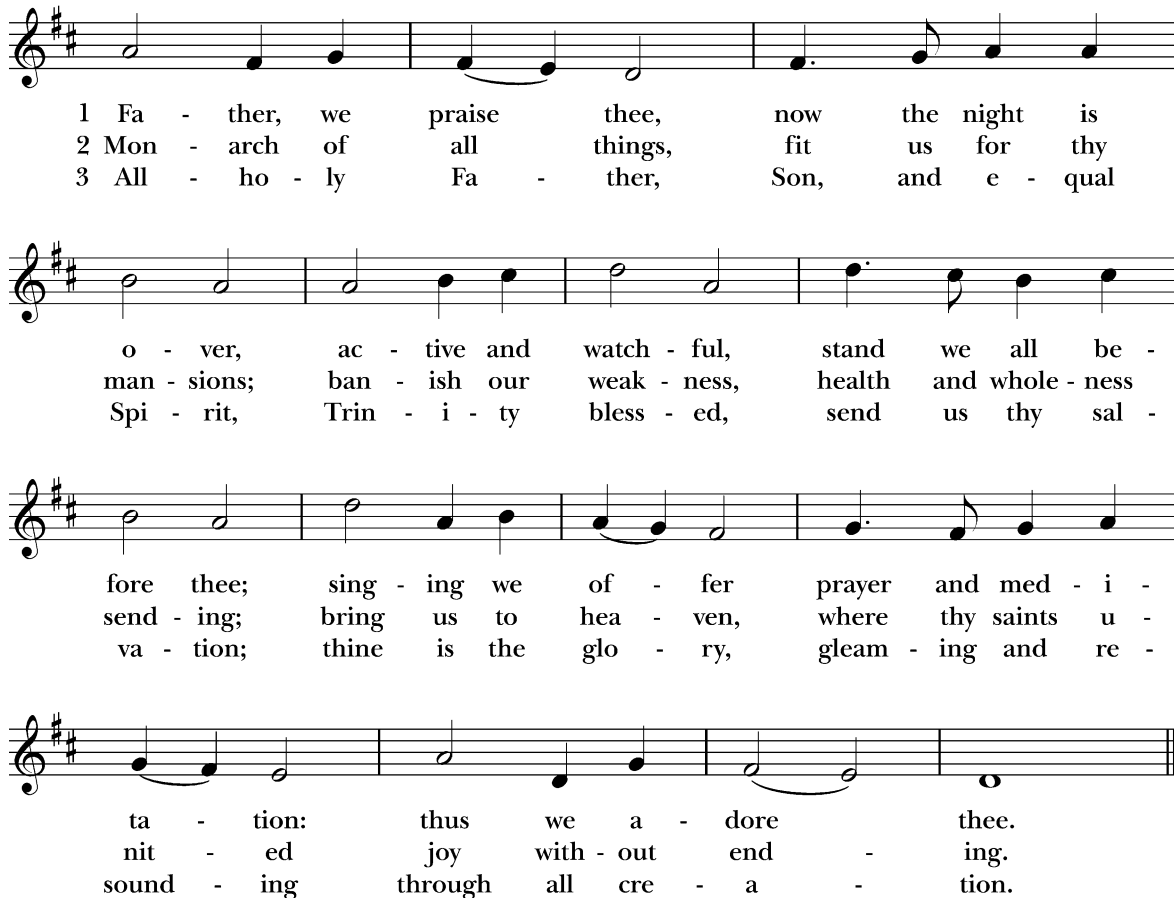
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Prelude

Deck Thyself, My Soul, with Gladness, BWV 654, J. S. Bach

Hymn 1

Christe sanctorum



1 Fa - ther, we praise thee, now the night is
2 Mon - arch of all things, fit us for thy
3 All - ho - ly Fa - ther, Son, and e - qual

o - ver, ac - tive and watch - ful, stand we all be -
man - sions; ban - ish our weak - ness, health and whole - ness
Spi - rit, Trin - i - ty bless - ed, send us thy sal -

fore thee; sing - ing we of - fer prayer and med - i -
send - ing; bring us to hea - ven, where thy saints u -
va - tion; thine is the glo - ry, gleam - ing and re -

ta - tion: thus we a - dore thee.
nit - ed joy with - out end - ing.
sound - ing through all cre - a - tion.

Words: Latin, 10th cent.; tr. Percy Dearmer (1867-1936). Music: *Christe sanctorum*, melody from *Antiphoner*, 1681; harm. Ralph Vaughan Williams (1872-1958).

THE LITURGY OF THE WORD

Book of Common Prayer, page 355

Celebrant

Blessed be the one, holy, and living God.

People

Glory to God for ever and ever.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis

S 280, Robert Powell



1. Glo - ry to God in the high - est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly



King, al - might - y God and Fa - ther, we wor - ship you, we



give you thanks, we praise you for your glo - ry. 3. Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



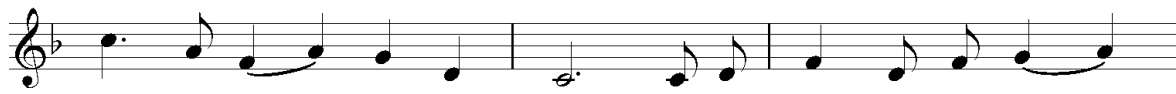
take a - way the sin of the world: have mer - cy



on us; 5. you are seat - ed at the right hand of the Fa - ther: re -



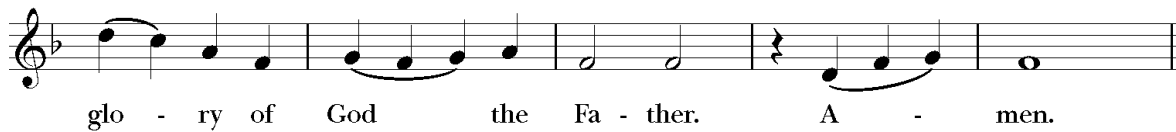
ceive our prayer. 6. For you a - lone are the Ho - ly One,



you a - lone are the Lord, 7. you a - lone are the Most



High, Je - sus Christ, with the Ho - ly Spi - rit, in the



Celebrant The Lord be with you.

People **And also with you.**

Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated.

A reading from the book of Proverbs

22:1-2, 8-9, 22-23

A good name is to be chosen rather than great riches, and favour is better than silver or gold. The rich and the poor have this in common: the Lord is the maker of them all. Whoever sows injustice will reap calamity, and the rod of anger will fail. Those who are generous are blessed, for they share their bread with the poor. Do not rob the poor because they are poor, or crush the afflicted at the gate; for the Lord pleads their cause and despoils of life those who despoil them.

The Word of the Lord.

Thanks be to God.

Psalm 125

Book of Common Prayer, page 781

- 1 Those who trust in the Lord are like Mount Zion, *
which cannot be moved, but stands fast for ever.
- 2 **The hills stand about Jerusalem; ***
so does the Lord stand round about his people,
from this time forth for evermore.
- 3 The scepter of the wicked shall not hold sway over the land allotted to the just, *
so that the just shall not put their hands to evil.
- 4 **Show your goodness, O Lord, to those who are good ***
and to those who are true of heart.
- 5 As for those who turn aside to crooked ways,
the Lord will lead them away with the evildoers; *
but peace be upon Israel.

A Reading from the letter of James

2:1-10, 14-17

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

The Word of the Lord.

Thanks be to God.

Hymn 429

Old 113th



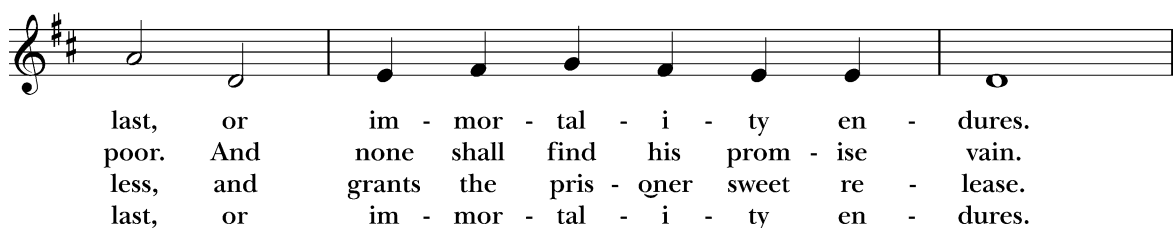
1 I'll praise my Mak - er while I've breath; and when my voice is lost in
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing
4 I'll praise him while he lends me breath; and when my voice is lost in



death, praise shall em - ploy my no - bler powers. My
sky and earth and seas with all their train; whose
mind and sends the la - boring con - science peace. He
death, praise shall em - ploy my no - bler powers. My



days of praise shall ne'er be past while life and thought and be - ing
truth for ev - er stands se - cure, who saves the op - pressed, and feeds the
helps the strang - er in dis - tress, the wid - owed and the fa - ther -
days of praise shall ne'er be past while life and thought and be - ing



Words: Isaac Watts (1674-1748); alt. by John Wesley (1703-1791), alt.; based on Psalm 146. Music: *Old 113th*, melody from *Strassburger Kirchenamt*, 1525; harm. Vicar Earle Copes (b. 1921).

Priest The Holy Gospel of our Lord Jesus Christ according to Mark
People **Glory to you, Lord Christ.**

Mark 7:24-37

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go—the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

People The Gospel of the Lord.
Praise to you, Lord Christ.

Sermon

The Rev. Emily Mellott

The Nicene Creed

Book of Common Prayer, page 358

**We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate from the Virgin Mary,
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Form II, *Book of Common Prayer*, page 385

I ask your prayers for God's people throughout the world; for our Bishop, Sally, our Presiding Bishop, Michael, our Presiding Bishop-elect, Sean; for this gathering; and for all ministers and people.
Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

I ask your prayers for the departed.
Pray for those who have died.

Silence

Praise God for those in every generation in whom Christ has been honored.
Pray that we may have grace to glorify Christ in our own day.

Silence

The Celebrant adds a concluding prayer.

Confession of Sin

Book of Common Prayer, page 360

The Deacon or Celebrant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord.

Announcements may be made about matters of interest to the congregation.

Offertory Anthem (Coventry Choir)

O Salutaris Hostia, Edward Elgar

O salutaris hostia, quae coeli pandis ostium, bella premunt hostilia, da robur, fer auxilium. Uni trinoque Domino sit sempiterna gloria, qui vitam sine termino, nobis donet in patria. Amen. *O saving Victim opening wide the gate of heaven to man below, our foes press on from every side: thine aid supply, thy strength bestow. All praise and thanks to thee ascend, for evermore, blest One in Three, O grant us life that shall not end in our true native land with thee. Amen.*

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.
At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.
Or, at either service, scan the QR code to make a gift electronically.



Hymn at the Presentation

Old Hundredth

**Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Praise God above, ye heav'nly host;
Praise Father, Son, and Holy Ghost. Amen.**

Eucharistic Prayer C (*expansive*)

Book of Common Prayer p 369, adapted

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

This revision of Eucharistic Prayer C was authorized by the General Convention of the Episcopal Church in 2024, as part of an ongoing process of liturgical review and revision to expand our images of, and language about, God and humanity.

It is right to give you thanks and praise, O Lord, our God, sustainer of the universe.

Glory to you for ever and ever.

At your command all things came to be: shining light and enfolding dark; the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being. From the primal elements you brought forth the human race, and blessed us with the capacity for memory, reason, and skill; you made us the stewards of your creation.

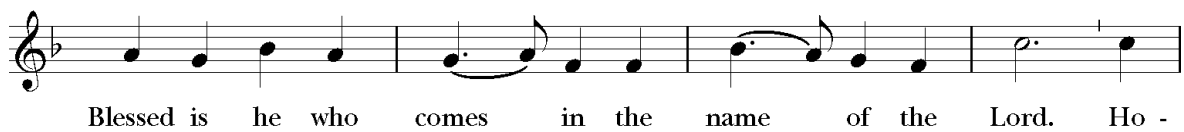
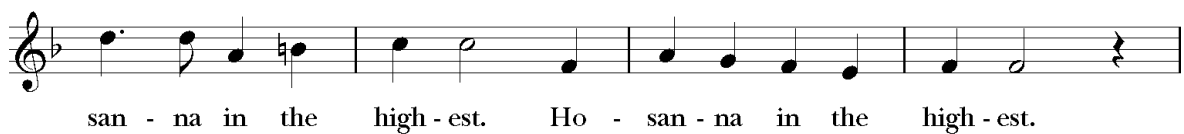
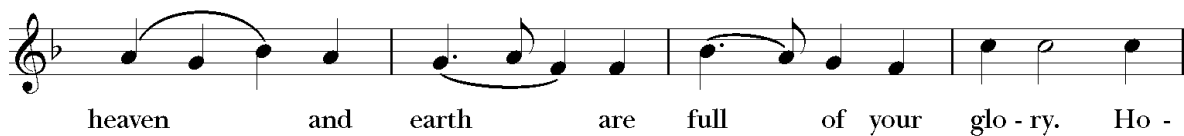
Glory to you for ever and ever.

But we turned against you, and betrayed your trust; and we turned against one another. Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. In the fullness of time you sent your Son, born of a woman, to be our Savior. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

Glory to you for ever and ever.

Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

S 125, Richard Proulx



The people kneel or stand, according to personal preference, as the Celebrant continues

Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

In the same way, after supper, he took the cup of wine; he gave you thanks, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, we celebrate his death and resurrection, as we await the day of his coming.

Glory to you for ever and ever.

Therefore, we who have been redeemed by Jesus Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Savior. Sanctify us also, and let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in Christ's name.

Glory to you for ever and ever.

Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised. Through Christ, with Christ, and in Christ, all honor and glory are yours, creator of all.

Glory to you for ever and ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread, then says
 Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant invites the people to share communion, saying:
 The gifts of God, for the people of God.

Those worshipping remotely are invited to offer a prayer for “spiritual communion”, printed below.

A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

(From Saint Augustine’s Prayer Book, rev 2014., based on a prayer by St. Alphonsus de Liguori)

Music at Communion:

Motet (Coventry Choir)

O Sacrum Convivium, Lodovico da Viadana

O sacrum convivium, in quo Christus sumitur, recolitur memoria passionis ejus, mens impletur gratia, et futurae gloriae nobis pignus datur. Alleluia. *O sacred banquet, in which Christ is received, the memory of his passion renewed, the mind filled with grace, and a promise of future glory given to us. Alleluia.*

Hymn 336

Werde munter

1 Come with us, O bless - ed Je - sus, with us ev - er -
 *2 Come with us, O might - y Sa - vior, God from God, and
 *3 Come with us, O King of glo - ry, by an - gel - ic

more to be; and though leav - ing now thine
 Light from Light; thou art God, thy glo - ry
 voic - es praised; in our hearts as in thy

al - tar, let us nev - er - more leave thee.
veil - ing, so that we may bear the sight.
hea - ven, be en - rap - tured an - them raised.

Be thou one with us for ev - er, in our life thy
Now we go to seek and serve thee, through our work as
Let the might - y cho - rus ev - er sing its glad ex -

love di - vine our own flesh and blood has
through our prayer; grant us light to see and
ul - tant songs; let its hymn be heard for

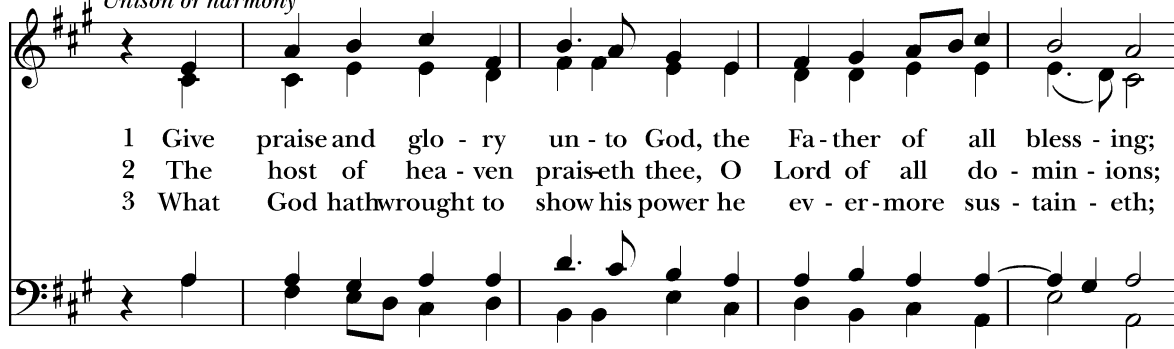
tak - en, and to us thou giv - est thine.
know thee, in thy peo - ple ev - ery - where.
ev - er— peace for which cre - a - tion longs.

Words: John Henry Hopkins, Jr. (1861-1945) and Charles P. Price (1920-1999). Sts. 2-3, Copyright © 1982, Charles P. Price.
Music: *Werde munter*, Johann Schop (d. 1665?); arr. and harm. Johann Sebastian Bach (1685-1750).

Hymn 375

Du Lebensbrot Herr Jesu Christ

Unison or harmony



1 Give praise and glo - ry un - to God, the Fa - ther of all bless - ing;
 2 The host of hea - ven prais-eth thee, O Lord of all do - min - ions;
 3 What God hath wrought to show his power he ev - er - more sus - tain - eth;



his might - y won - ders tell a - broad, his gra - cious - ness con -
 and mor - tals then, on land and sea, be - neath thy sha - dowing
 he watch - es o'er us ev - ery hour, his mer - cy nev - er



fess - ing. With balm my in - most heart he fills, his
 pin - ions, ex - ult in thy cre - a - tive might that
 wan - eth. Through all his king - dom's wide do - main, his



com - fort all my an - guish stills. To God be praise and glo - ry.
 do - eth all things well and right. To God be praise and glo - ry.
 right - eous - ness and jus - tice reign. To God be praise and glo - ry.

Words: Johann Jacob Schütz (1640-1690); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. Copyright © The Church Pension Fund. Music: *Du Lebensbrot Herr Jesu Christ*, Peter Sohren (1630?-1692?); adapt. Johann Anastasius Freylinghausen (1670-1739), alt.

Post communion prayer

Book of Common Prayer, p. 365

Eternal God,
you have graciously accepted us as living members
of our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Savior. Amen.

The Blessing of the Backpacks

Dear God, please bless these students [and teachers], who begin a new year of study. May they greet each school day with open ears and hearts. May they find you in their classrooms and lunchrooms, homework and gym class and everywhere their studies take them. May they see your love in new faces and in old friends. Keep them healthy and safe as they learn and grow.

Please bless these backpacks and symbols of our school work. Use them to remind us that you are with us in all the work we do and all the places we go. When we are excited or frustrated, strong or anxious, tired or hopeful, help us know that you are with us, to share our joys and help carry the load, in the name of Jesus, your Son, who worked and walked with us, and the Holy Spirit, who brings us new life. **Amen.**

Blessing

The priest offers a blessing, and the people respond. Amen.

Hymn 559

Dulce carmen

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
 thou dost know; thou didst tread this earth be - fore us;
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
 thou didst feel its keen - est woe; yet un - fear - ing,
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
 per - se - ver - ing, to thy pas - sion thou didst go.
 par - doned, guid - ed, noth - ing can our peace des - troy.

Words: James Edmeston (1791-1867), alt. Music: *Dulce carmen*, melody from *An Essay on the Church Plain Chant*, 1782; adapt. *Collection of Motetts or Antiphons*, ca 1840; harm. William Henry Monk (1823-1889).

The Dismissal

The people are dismissed to go forth into the world.

People Thanks be to God. [Alleluia, alleluia.]

Postlude

Fugue in C Major, BWV 545, J. S. Bach



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Wendy Carber, Sally Campolucci, Priscilla Knapp, Joan Willett, *Altar Guild*
Simone Cochrane, Jane Shaw, *Flower Guild*
Men's Group, *Hospitality*
Maris Williams (8); Michael Bathke, Alex Shappell (10), *Lectors*
Steve Yocum (8); David Douglass (10), *Ushers*
Linda Ralls, Jeff Gola (8); Hiro Moore, Jane Shaw (10), *Chalice Bearers*
Patrick Louie, Kathryn Bradley (10), *Acolytes*
Bill McBride (10), *Tech Guild*
Vernon Williams, *Music Director*
The Rev. Emily Mellott, *Preacher & Celebrant*