

The Holy Eucharist

Seventh Sunday after Pentecost

July 7, 2024



Trinity

Episcopal Church

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Prelude

Prière à Notre-Dame, from "Suite Gothique, Op. 25", Léon Boëllmann

Hymn 637

Lyons

Descant

5 "The soul that to Je - sus hath fled for re - pose,

1 How firm a foun - da - tion, ye saints of the Lord,
 2 "Fear not, I am with thee; O be not dis - mayed!
 3 "When through the deep wa - ters I call thee to go,
 4 "When through fier - y tri - als thy path - way shall lie,
 5 "The soul that to Je - sus hath fled for re - pose,

5 I will not, I will not de - sert to its foes;

1 is laid for your faith in his ex - cel - lent word!
 2 For I am thy God, and will still give thee aid;
 3 the riv - ers of woe shall not thee o - ver - flow;
 4 my grace, all suf - fi - cient, shall be thy sup - ply;
 5 I will not, I will not de - sert to its foes;

5 soul, _____ to shake, no,

1 What more can he say than to you he hath said,
 2 I'll strength - en thee, help thee, and cause thee to stand,
 3 for I will be with thee, thy trou - bles to bless,
 4 the flame shall not hurt thee; I on - ly de - sign
 5 that soul, though all hell shall en - deav - or to shake,

5 I'll nev - er, no, nev - er, no, nev - er for - sake."

1 to you that for ref - uge to Je - sus have fled?
 2 up - held by my right - eous, om - ni - po - tent hand.
 3 and sanc - ti - fy to thee thy deep - est dis - tress.
 4 thy dross to con - sume, and thy gold to re - fine.
 5 I'll nev - er, no, nev - er, no, nev - er for - sake."

Words: K. in John Rippon's *Selection*, 1787, alt. Music: *Lyons*, att. Johann Michael Haydn (1737-1806); desc. Lois Fyfe (b. 1927)
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THE LITURGY OF THE WORD

Book of Common Prayer, page 355

Celebrant Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in excelsis

S 278, William Mathias



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we



praise you for your glo - ry. 3. Lord Je - sus Christ,



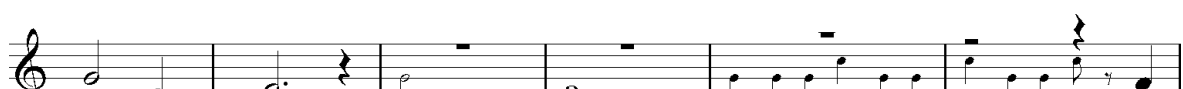
on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -

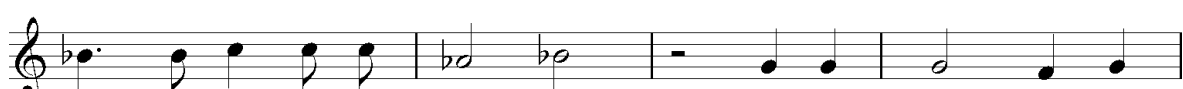


ceive our prayer.

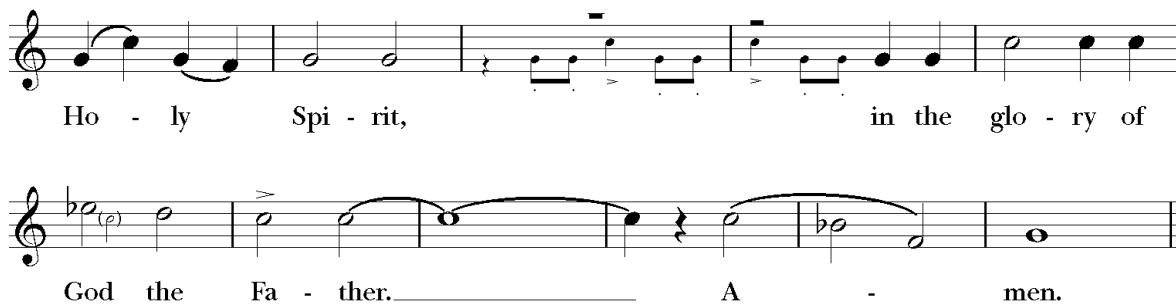
6. For



you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the



Celebrant The Lord be with you.
People **And also with you.**

Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated.

A reading from the second book of Samuel

5:1-5, 9-10

All the tribes of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years. David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inwards. And David became greater and greater, for the Lord, the God of hosts, was with him.

The Word of the Lord.

Thanks be to God.

- 1 Great is the Lord, and highly to be praised; *
in the city of our God is his holy hill.
- 2 **Beautiful and lofty, the joy of all the earth, is the hill of Zion, *
the very center of the world and the city of the great King.**
- 3 God is in her citadels; *
he is known to be her sure refuge.
- 4 **Behold, the kings of the earth assembled *
and marched forward together.**
- 5 They looked and were astounded; *
they retreated and fled in terror.
- 6 **Trembling seized them there; *
they writhed like a woman in childbirth,
like ships of the sea when the east wind shatters them.**
- 7 As we have heard, so have we seen,
in the city of the Lord of hosts, in the city of our God; *
God has established her for ever.
- 8 **We have waited in silence on your loving-kindness, O God, *
in the midst of your temple.**
- 9 Your praise, like your Name, O God, reaches to the world's end; *
your right hand is full of justice.
- 10 **Let Mount Zion be glad
and the cities of Judah rejoice, *
because of your judgments.**
- 11 Make the circuit of Zion;
walk round about her; *
count the number of her towers.
- 12 **Consider well her bulwarks;
examine her strongholds; *
that you may tell those who come after.**
- 13 This God is our God for ever and ever; *
he shall be our guide for evermore.

A Reading from the second letter of Paul to the Corinthians

12:2-10

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows—was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard

from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The Word of the Lord.

Thanks be to God.

Hymn 530

Gott sei Dank

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
 2 word of how the Fa - ther's will made the world, and keeps it, still;
 3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
 4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
 5 Word of life, most pure and strong, word for which the na - tions long,

1 that to earth's re - mot - est bound all may heed the joy - ful sound;
 2 how his on - ly Son he gave, earth from sin and death to save;
 3 how for - ev - er, in its need, through his death the world is freed;
 4 how his nev - er - fail - ing love guides us on to heaven a - bove.
 5 spread a - broad, un - til from night all the world a - wakes to light.

Words: Jonathan Friedrich Bahnmaier (1774-1841); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. St. 4, F. Bland Tucker (1895-1984) Copyright © The Church Pension Fund. All rights reserved. Used with permission. Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergal (1793-1870)

Priest The Holy Gospel of our Lord Jesus Christ according to Mark
People **Glory to you, Lord Christ.**

Mark 6:1-13

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power

are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

People The Gospel of the Lord.
 Praise to you, Lord Christ.

Sermon

The Rev. Emily Mellott

The Nicene Creed

Book of Common Prayer, page 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Form V, *Book of Common Prayer*, page 389

In peace, let us pray to the Lord, saying, "Lord, have mercy"

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord. **Lord, have mercy.**

For Michael our Presiding Bishop, for Sean our Presiding Bishop-elect, for Sally our own Bishop, for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord. **Lord, have mercy.**

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord. **Lord, have mercy.**

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord. **Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord. **Lord, have mercy.**

For those in positions of public trust, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord. **Lord, have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord. **Lord, have mercy.**

For this congregation, for those who are present, and for those who are absent, that we may be delivered from hardness of heart, and show forth your glory in all that we do, we pray to you, O Lord. **Lord, have mercy.**

For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord. **Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord. **Lord, have mercy.**

Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God. **To you, O Lord our God.**

The Celebrant adds a concluding prayer.

Confession of Sin

Book of Common Prayer, page 360

The Deacon or Celebrant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People

And also with you.

The Ministers and People greet one another in the name of the Lord.

Announcements may be made about matters of interest to the congregation

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.

At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.

Or, at either service, scan the QR code to make a gift electronically.



LEVAS 60

How Great Thou Art



1. O Lord my God, when I in awe - some won - der Con - sid - er
2. When through the woods and for - est glades I wan - der And hear the
3. And when I think that God, his Son not spar - ing, Sent him to
4. When Christ shall come with shout of ac - cla - ma - tion And take me



1. all the worlds* thy hands have made, — I see the stars I hear the roll - ing*
2. birds sing sweet - ly in the trees, — When I look down from loft - y moun - tain
3. die, I scarce can take it in, — That on the cross, my bur - den glad - ly
4. home, what joy shall fill my heart! — Then I shall bow in hum - ble ad - o -



1. thun - der, Thy pow'r through - out the u - ni - verse dis - played.____
 2. gran - deur, And hear the brook and feel the gen - tle breeze.____
 3. bear - ing, He bled and died to take a - way my sin._____
 4. ra - tion, And there pro - claim, my God how great thou art._____

Then sings my soul, my Sav - ior, God, to Thee:____ How great Thou

** The translator's original words are "works" and "mighty."*

art,____ how great Thou art!____ Then sings my soul, my Sav - ior, God, to

Thee:____ How great Thou art,____ how great Thou art!_____

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Hymn at the Presentation

Old Hundredth

**Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost. Amen.**

Eucharistic Prayer D *(expansive)*

Book of Common Prayer p 372, adapted

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is truly right to glorify you, Holy One, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say):

S 130, Franz Schubert

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na



The people kneel or stand, according to personal preference, as the Celebrant continues

We acclaim you, holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Holy God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, Jesus lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose Jesus gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And that we might live no longer for ourselves, but for Christ who died and rose for us, you sent the Holy Spirit, your own first gift for those who believe, to complete your work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for Jesus to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them Jesus took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Almighty God, we now celebrate this memorial of our redemption. Recalling Christ's death and descent among the dead, proclaiming Christ's resurrection and ascension to your right hand, awaiting Christ's coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

God our Creator, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of our Savior Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace. And grant that we may find our inheritance with all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through Jesus Christ our Savior.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread, then says
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

The Celebrant invites the people to share communion, saying:
The gifts of God, for the people of God.

Those worshipping remotely are invited to offer a prayer for “spiritual communion”, printed in this booklet.

A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

(From Saint Augustine's Prayer Book, rev 2014., based on a prayer by St. Alphonsus de Liguori)

Post communion prayer

Book of Common Prayer, p. 365

Eternal God,
you have graciously accepted us as living members
of our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Savior. Amen.

Blessing

The priest offers a blessing, and the people respond. Amen.

Hymn 625

Darwall's 148th

Descant

4 My soul, bear thou thy part, tri - umph in God a - bove: and

1 Ye ho - ly an - gels bright, who wait at God's right hand, or
2 Ye bless - ed souls at rest, who ran this earth - ly race and
3 Ye saints, who toil be - low, a - dore your heaven - ly King, and
4 My soul, bear thou thy part, tri - umph in God a - bove: and

with a well - tuned heart sing thou the songs of love! Let all thy

through the realms of light fly at your Lord's com - mand, as - sist our
 now, from sin re - leased, be - hold the Sa - vior's face, God's prais - es
 on - ward as ye go some joy - ful an - them sing; take what he
 with a well - tuned heart sing thou the songs of love! Let all thy

days till life shall end, what - e'er he send, be filled with praise.

song, for else the theme too high doth seem for mor - tal tongue.
 sound, as in his sight with sweet de - light ye do a - bound.
 gives and praise him still, through good or ill, who ev - er lives!
 days till life shall end, what - e'er he send, be filled with praise.

Words: Richard Baxter (1615-1691); rev. John Hampden Gurney (1802-1862) Music: *Darwall's 148th*, melody and bass John Darwall (1731-1789);
 harm. William Henry Monk (1823-1889), alt.; desc. Sydney Hugo Nicholson (1875-1947) Copyright © by permission of Hymns Ancient & Modern Limited.
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The Dismissal

The people are dismissed to go forth into the world.

People Thanks be to God. [Alleluia, alleluia.]

Postlude

Toccata, from "Suite Gothique, Op. 25", Léon Boëllmann



+++++

The flowers on the altar this week are given in loving memory of Jerry Steinberg and Kathy Lynne Cosden

Jasmine Declet, Wendy Carber, Priscilla Knapp, Joan Willett, *Altar Guild*

Diana Wind, Kisha Mann, *Flower Guild*

Men's Group, *Hospitality*

Maris Williams (8); Bruce Velzy (10), *Lectors*

Stephen Meader (8); Jeff Wojcik (10), *Ushers*

Sarah Fawcett- Lee (8); Nancy Matthews (10), *Chalice Bearers*

Mercedes Declet (10), *Acolyte*

Bill McBride (10), *Tech Guild*

Vernon Williams, *Music Director*

The Rev. Emily Mellott, *Preacher & Celebrant*