

# The Holy Eucharist

Third Sunday of Advent  
December 11, 2022



**Trinity**  
Episcopal Church

207 West Main Street, Moorestown, NJ 08057  
(856) 235-0811  
[trinity@trinitymoorestown.org](mailto:trinity@trinitymoorestown.org)

# Prelude

*Prelude in A Major, BWV 536, J. S. Bach*

## Hymn 76

*Winchester New*

1 On Jor - dan's bank the Bap - tist's cry an -  
 2 Then cleansed be ev - ery breast from sin; make  
 3 For thou art our sal - va - tion, Lord, our  
 4 To heal the sick stretch out thine hand, and  
 5 All praise, e - ter - nal Son, to thee, whose

1 noun - ces that the Lord is nigh; a - wake and heark - en,  
 2 straight the way for God with - in, and let each heart pre -  
 3 re - fuge, and our great re - ward; with - out thy grace we  
 4 bid the fall - en sin - ner stand; shine forth, and let thy  
 5 ad - vent doth thy peo - ple free; whom with the Fa - ther

1 for he brings glad tid - ings of the King of kings.  
 2 pare a home where such a might - y guest may come.  
 3 waste a - way like flowers that with - er and de - cay.  
 4 light re - store earth's own true love - li - ness once more.  
 5 we a - dore and Ho - ly Spi - rit ev - er - more.

Words: Charles Coffin (1676-1749); tr. Charles Winfred Douglas (1867-1944), after John Chandler (1806-1876); alt.  
 Music: *Winchester New*, melody from *Musicalishes Hand-Buch*, 1690; harm. William Henry Monk (1823-1889), alt.

## THE LITURGY OF THE WORD

*Book of Common Prayer, page 355*

*Celebrant*  
*People*

Blessed are you, holy and living One.

**You come to your people and set them free.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

# Trisagion

S 101, John Rutter

Ho - ly God, Ho - ly and Might-y, Ho - ly Im - mor - tal

One, Have mer - cy up - on us. Ho - ly God, Ho - ly and Might-y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us. Ho - ly God,

Ho - ly and Might-y, Ho - ly Im - mor - tal One, Have mer - cy up - on us.

*Celebrant* The Lord be with you.

*People* **And also with you.**

Let us pray.

Stir up your power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let your bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. **Amen.**

*The people are seated.*

**Anthem** (St. Cecilia Choir)

*Come, Jesus, Holy Son of God,* G. F. Handel

Come, Jesus, Holy Son of God, thy truth unseal, thy love reveal. Lord, hear thou in mercy our prayer to thee. Come, Jesus, Holy Son of God, come in thy might, send forth thy light. Come, Jesus, Holy Son of God, for thee we long, hear thou our prayer. To thee be glory now and evermore.

## A Reading from the prophet Isaiah

35:1-10

The wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus it shall blossom abundantly, and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the Lord, the majesty of our God. Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you." Then the eyes of

the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water; the haunt of jackals shall become a swamp, the grass shall become reeds and rushes. A highway shall be there, and it shall be called the Holy Way; the unclean shall not travel on it, but it shall be for God's people; no traveler, not even fools, shall go astray. No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there. And the ransomed of the Lord shall return, and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

The Word of the Lord.

**Thanks be to God.**

**Psalm 146:4-9**

*Book of Common Prayer, page 803*

- 4 Happy are they who have the God of Jacob for their help! \*  
whose hope is in the Lord their God;
- 5 **Who made heaven and earth, the seas, and all that is in them; \***  
**who keeps his promise for ever;**
- 6 Who gives justice to those who are oppressed, \*  
and food to those who hunger.
- 7 **The Lord sets the prisoners free;**  
**the Lord opens the eyes of the blind; \***  
**the Lord lifts up those who are bowed down;**
- 8 The Lord loves the righteous; the Lord cares for the stranger; \*  
he sustains the orphan and widow, but frustrates the way of the wicked.
- 9 **The Lord shall reign for ever, \***  
**your God, O Zion, throughout all generations.**  
**Hallelujah!**

**A reading from the letter of James**

*5:7-10*

Be patient, therefore, beloved, until the coming of the Lord. The farmer waits for the precious crop from the earth, being patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, for the coming of the Lord is near. Beloved, do not grumble against one another, so that you may not be judged. See, the Judge is standing at the doors! As an example of suffering and patience, beloved, take the prophets who spoke in the name of the Lord.

The Word of the Lord.

**Thanks be to God.**

# Hymn 56 (vv. 1-4)

*Veni, veni Emmanuel*



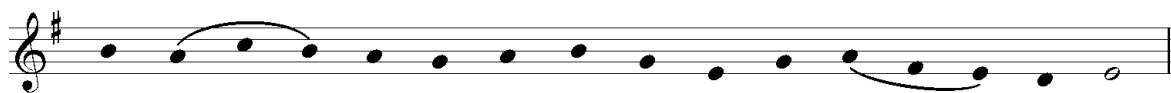
(Dec. 23) 1 O come, O come, Em - man - u - el, and ran - som  
 (Dec. 17) 2 O come, thou Wis - dom from on high, who or - derest  
 (Dec. 18) 3 O come, O come, thou Lord of might, who to thy  
 (Dec. 19) 4 O come, thou Branch of Jes - se's tree, free them from  
 (Dec. 20) 5 O come, thou Key of Da - vid, come, and o - pen  
 (Dec. 21) 6 O come, thou Day - spring from on high, and cheer us  
 (Dec. 22) 7 O come, De - sire of na - tions, bind in one the  
 (Dec. 23) 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile  
 2 all things might - i - ly; to us the path of know - ledge  
 3 tribes on Si - nai's height in an - cient times didst give the  
 4 Sa - tan's ty - ran - ny that trust thy might - y power to  
 5 wide our heaven - ly home; make safe the way that leads on  
 6 by thy draw - ing nigh; dis - perse the gloom - y clouds of  
 7 hearts of all man - kind; bid thou our sad di - vi - sions  
 8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.  
 2 show, and teach us in her ways to go.  
 3 law, in cloud, and ma - jes - ty, and awe.  
 4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!  
 5 high, and close the path to mis - er - y.  
 6 night, and death's dark shad - ow put to flight.  
 7 cease, and be thy - self our King of Peace.  
 8 here un - til the Son of God ap - pear.



Em - man - u - el shall come to thee, O Is - ra - el!

*The stanzas may be used as antiphons with "The Song of Mary" on the dates given.*

Words: Latin, ca. 9th cent.; ver *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Veni, Veni, Emmanuel*, plainsong, Mode 1, *Processionale*, 15th, cent.; adpt. Thomas Helmore (1811-1890); acc. Richard Proulx (b. 1937) Copyright ©1975, G.I.A. Publications, Inc. All rights reserved. Used with permission.

*Priest* The Holy Gospel of our Lord Jesus Christ according to Matthew

*People* **Glory to you, Lord Christ.**

*Matthew 11:2-11*

When John heard in prison what the Messiah was doing, he sent word by his disciples and said to him, “Are you the one who is to come, or are we to wait for another?” Jesus answered them, “Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offense at me.”

As they went away, Jesus began to speak to the crowds about John: “What did you go out into the wilderness to look at? A reed shaken by the wind? What then did you go out to see? Someone dressed in soft robes? Look, those who wear soft robes are in royal palaces. What then did you go out to see? A prophet? Yes, I tell you, and more than a prophet. This is the one about whom it is written, ‘See, I am sending my messenger ahead of you, who will prepare your way before you.’ “Truly I tell you, among those born of women no one has arisen greater than John the Baptist; yet the least in the kingdom of heaven is greater than he.”

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**Sermon**

The Reverend Emily Mellott

**The Nicene Creed**

*Book of Common Prayer, page 358*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### Prayers of the People

In joyful expectation of his coming we pray to Jesus, our Redeemer.

Come to your Church as Lord and judge.

We pray for all people of faith; for those who have waited long for your glory to appear;  
for those who shout for joy at your coming now; and for those who find it hard to hope.  
Help us to work together so that all people may find unity in your kingdom.

Let the people say, **Amen. Come, Lord Jesus.**

Come to your world as King of the nations.

We pray for all who hold authority in our country and in the world; for those who  
struggle for freedom, for the victims of violence and oppression, and for all who create  
peace.

Give us strength and courage to honor your justice, and to do your will, in all our words  
and actions.

Let the people say, **Amen. Come, Lord Jesus.**

Come to the suffering as Savior and comforter.

We pray for all who are sick or injured; for all who are hungry or in need in this season of  
abundance; for those who suffer in spirit, and those who are alone or far from home.  
Break into our lives, where we struggle with trouble and distress, and set us free to love  
and serve you in joy and peace.

Let the people say, **Amen. Come, Lord Jesus.**

Come to us as shepherd and guardian of our souls.  
We remember those who have died, and those who mourn.  
Give us, with all the faithful departed, a share in your victory over evil and death.  
Let the people say, **Amen. Come, Lord Jesus.**

Come among us as a child, and a friend.  
We give you thanks for our families, friends, and neighbors, for times of celebration and sharing, and for all the gifts we receive from you.  
Renew in us the wonder and joy of your creation, that our hearts may always be full of your love and praise.  
Let the people say, **Amen. Come, Lord Jesus.**

*The Celebrant adds a concluding prayer:*

Come, Lord Jesus, do not delay; give new courage to your people, who trust in your love.  
By your coming, raise us to share in the joy of your kingdom on earth as in heaven, where you live and reign with the Father and the Spirit, one God for ever and ever. **Amen.**

## **Confession of Sin**

*Book of Common Prayer, page 360*

*The Deacon or Celebrant says to the people*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest says*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**



## Exchange of Peace

*The Celebrant says to the people*

The peace of Christ be always with you.

*People*

**And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

*Announcements may be made about matters of interest to the congregation*

At 8 a.m. there is a collection plate near the entrance to make your weekly gift or regular pledge offering.

At 10 a.m., a collection of financial gifts for the work of the church is received during the singing of the anthem.

Or, at either service, scan the QR code to make a gift electronically.



## Offertory Anthem

*Adam Lay Ybounden, Robert Walker*

Adam lay ybounden, bounden in a bond; four thousand winter thought he not too long.  
And all was for an apple, an apple that he took, as clerkës finden written in their book. Ne  
had the apple taken been, ne had never our lady a been heavenë queen. Blessed be the time  
that apple taken was, therefore we moun singen: *Deo gracias!*

## Hymn at the Presentation

*Old Hundredth*

**Praise God, from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heav'nly host;  
Praise Father, Son, and Holy Ghost. Amen.**

## Eucharistic Prayer 2

*from Enriching Our Worship*

*Celebrant*                      *People*

The Lord be with you.      And al - so with you.

*Celebrant*                      *People*

Lift up your hearts.      We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

*S 130, Franz Schubert*

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, Do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.



And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

*The Celebrant breaks the consecrated Bread, then says*  
Alleluia. Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia.**

*The Celebrant invites the people to share communion, saying:*  
The gifts of God, for the people of God.

*Those worshipping remotely, or those who are physically present but not comfortable physically receiving communion, are invited to offer a prayer for "spiritual communion", printed in this booklet.*

## A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

(From *Saint Augustine's Prayer Book*, rev 2014., based on a prayer by St. Alphonsus de Liguori)

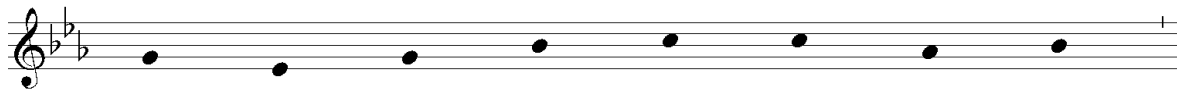
## Music at Communion:

### Voluntary

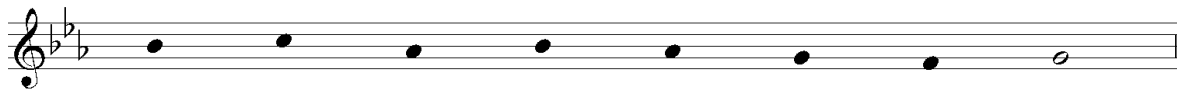
*Prelude on "Conditor alme siderum", Rebecca Groom te Velde*

### Hymn 60 (v. 3 women, v. 4 men)

*Conditor alme siderum*



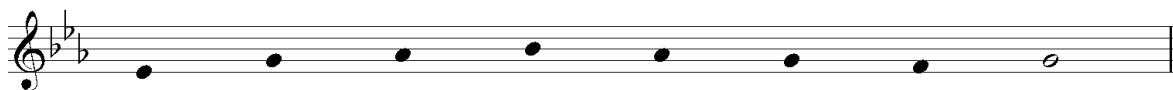
1 Cre - a - tor of the stars of night,  
2 In sor - row that the an - cient curse  
3 When this old world drew on toward night,  
4 At your great Name, O Je - sus, now  
5 Come in your ho - ly might, we pray,  
\* 6 To God the Fa - ther, God the Son,



1 your peo - ple's ev - er - last - ing light,  
2 should doom to death a u - ni - verse,  
3 you came; but not in splen - dor bright,  
4 all knees must bend, all hearts must bow:  
5 re - deem us for e - ter - nal day;  
6 and God the Spi - rit, Three in One,



1 O Christ, Re - deem - er of us all,  
2 you came, O Sa - vior, to set free  
3 not as a mon - arch, but the child  
4 all things on earth with one ac - cord,  
5 de - fend us while we dwell be - low  
6 praise, hon - or, might, and glo - ry be



1 we pray you hear us when we call.  
 2 your own in glo - rious li - ber - ty.  
 3 of Ma - ry, blame - less mo - ther mild.  
 4 like those in heaven, shall call you Lord.  
 5 from all as - saults of our dread foe.  
 6 from age to age e - ter - nal - ly.

Words: Latin, 9th cent.; ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Conditor alme siderum*, plainsong, Mode 4; acc. Bruce Neswick (b. 1956) Copyright ©1984, Bruce Neswick. All rights reserved. Used with permission.

## Motet (Coventry Choir)

*Rejoice In the Lord Always*, Anonymous

Rejoice in the Lord always, and again I say, rejoice. Let your softness be known unto all men: the Lord is e'en at hand. Be careful for nothing: but in all prayer and supplication, let your petitions be manifest unto God with giving of thanks. And the peace of God, which passeth all understanding, keep your hearts and minds through Christ Jesu. Amen.

## Post communion prayer

*Book of Common Prayer, page 366*

Almighty and everliving God,  
 we thank you for feeding us with the spiritual food  
 of the most precious Body and Blood  
 of your Son our Savior Jesus Christ;  
 and for assuring us in these holy mysteries  
 that we are living members of the Body of your Son,  
 and heirs of your eternal kingdom.  
 And now, Father, send us out  
 to do the work you have given us to do,  
 to love and serve you  
 as faithful witnesses of Christ our Lord.  
 To him, to you, and to the Holy Spirit,  
 be honor and glory, now and for ever. Amen.

## Blessing

*The priest offers a blessing, and the people respond. Amen.*

# Hymn 74

*Valet will ich dir geben*

*Descant*

3 Blest be the King whose com - ing is in the name of

1 Blest be the King whose com - ing is in the name of  
 2 Blest be the King whose com - ing is in the name of  
 3 Blest be the King whose com - ing is in the name of  
 4 Blest be the King whose com - ing is in the name of

God! He on - ly to the hum - ble re - veals the face of

God! For him let doors be o - pened, no hearts a - gainst him  
 God! By those who tru - ly lis - ten his voice is tru - ly  
 God! He on - ly to the hum - ble re - veals the face of  
 God! He of - fers to the bur - dened the rest and grace they

God. All power is his, all glo - ry! All

barred! Not robed in roy - al splen - dor, in  
 heard; pi - ty the proud and haugh - ty, who  
 God. All power is his, all glo - ry! All  
 need. Gen - tle is he and hum - ble! And

things are in his hand, all a - ges and all

power and pomp, comes he; but clad as are the  
have not learned to heed the Christ who is the  
things are in his hand, all a - ges and all  
light his yoke shall be, for he would have us

peo - ples, till time it - self shall end!

poor - est, such his hu - mil - i - ty!  
Prom - ise, who has a - tone - ment made.  
peo - ples, till time it - self shall end!  
bear it so he can make us free!

Words: Frederico J. Pagura (b. 1923); tr. F. Pratt Green (b. 1903), alt. Copyright ©1974 by Hope Publishing Company.  
Music: *Valet will ich dir geben*, melody Melchior Teschner (1584-1635) alt.; harm. and desc. Ronald Arnatt (b. 1930) Copyright ©1984, Ronald Arnatt.  
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## The Dismissal

*The people are dismissed to go forth into the world.*  
*People* **Thanks be to God.**

## Postlude

*Toccata on Helmsley*, James Vivian





+++++++

Priscilla Knapp, Gayle Celentano, Helen Anderson, Joan Willett, *Altar Guild*  
Diana Wind, Grace Marcelle, *Flower Guild*  
Barbara & Joe McDonnell, *Hospitality*  
Bob Litsinger, David Rapuano, *Lectors*  
Liz Louie, Bob Winzler, *Usher*  
Bob Litsinger, Nancy Matthews, *Chalice Bearers*  
Patrick Louie, Connor VanName, *Acolytes*  
Nancy Matthews, *Tech Guild*  
Vernon Williams, *Music Director*  
The Rev. Emily Mellott, *Preacher*  
The Rev. Angie Cipolla, *Celebrant*