

The Holy Eucharist
with spiritual communion
for remote worship

The Tenth Sunday after Pentecost
August 9, 2020



Trinity
Episcopal Church

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THE TEN COMMANDMENTS OF LOVING WORSHIP

to reduce the risk of COVID-19 transmission

Thou shalt register thine attendance and check in with the ushers/greeters to enable contact tracing.

Thou shalt use only designated entrance and exit doors, and follow all directions of ushers and worship leaders to enter, exit, and receive communion.

Thou shalt maintain a distance of at least six feet from other worshippers.

Thou shalt wear thy mask at all times while in church buildings or outdoor worship space.

Thou shalt use hand sanitizer upon entering and exiting the church, and immediately before receiving communion.

Thou shalt refrain from physical contact with other worshippers.

Thou shalt depart immediately at the end of the service, and refrain from social gathering on church grounds.

Thou shalt stay in thine home, or depart immediately, if thou hast a fever or symptoms of illness.

Thou shalt notify the Rector or Parish Administrator immediately if thou dost fall ill or test positive for COVID-19.

Thou shalt be kind, considerate, and understanding for the Lord hath commanded us to love one another.



THE LITURGY OF THE WORD

Book of Common Prayer, page 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

All say together:

BCP page 356

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Celebrant The Lord be with you.
People **And also with you.**

Let us pray.

(BCP page 232)

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from the Book of Genesis

37:1-4, 12-28

Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob. Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father's wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Now his brothers went to pasture their father's flock near Shechem. And Israel said to Joseph, "Are not your brothers pasturing the flock at Shechem? Come, I will send you to them." He answered, "Here I am." So he said to him, "Go now, see if it is well with your brothers and with the flock; and bring word back to me." So he sent him from the valley of Hebron. He came to Shechem, and a man found him wandering in the fields; the man asked him, "What are you seeking?" "I am seeking my brothers," he said; "tell me, please, where they are pasturing the flock." The man said, "They have gone away, for I heard them say, 'Let us go to Dothan.'" So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, "Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams." But when Reuben heard it, he delivered him out of their hands, saying, "Let us not take his life." Reuben said to them, "Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him" —that he might rescue him out of their hand and restore him to his father.

So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it. Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, "What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh." And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

The Word of the Lord.

Thanks be to God.

Psalm 105: 1-6, 16-22

Book of Common Prayer, page 738

- 1 Give thanks to the LORD and call upon his Name; *
make known his deeds among the peoples.
- 2 **Sing to him, sing praises to him, ***
and speak of all his marvelous works.
- 3 Glory in his holy Name; *
let the hearts of those who seek the LORD rejoice.

- 4 **Search for the LORD and his strength; *
continually seek his face.**
- 5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,
- 6 **O offspring of Abraham his servant, *
O children of Jacob his chosen.**
- 16 Then he called for a famine in the land *
and destroyed the supply of bread.
- 17 **He sent a man before them, *
Joseph, who was sold as a slave.**
- 18 They bruised his feet in fetters; *
his neck they put in an iron collar.
- 19 **Until his prediction came to pass, *
the word of the LORD tested him.**
- 20 The king sent and released him; *
the ruler of the peoples set him free.
- 21 **He set him as a master over his household, *
as a ruler over all his possessions,**
- 22 To instruct his princes according to his will *
and to teach his elders wisdom.

A reading from the Letter of Paul to the Romans

10:5-15

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.” But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

The Word of the Lord.

Thanks be to God

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Matthew 14:22-33

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Reverend Leslie Mazzacano

The Nicene Creed

Book of Common Prayer, page 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Form II, *Book of Common Prayer*, page 385

I ask your prayers for God's people throughout the world; for our Bishop, William, and our Presiding Bishop, Michael; for this gathering; and for all ministers and people.
Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

I ask your prayers for the departed.
Pray for those who have died.

Silence

The people are invited to offer their own prayers and thanksgivings.

Praise God for those in every generation in whom Christ has been honored.
Pray that we may have grace to glorify Christ in our own day.

Silence

The Celebrant adds a concluding prayer.

Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

Confession of Sin

Book of Common Prayer, page 360

The Deacon or Celebrant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord, maintaining their physical distance.

Whether you are worshipping remotely or in person, let the exchange of peace here be a reminder to reach out in the spirit of Christ's peace today to someone you are not seeing in worship right now and share greetings and care by telephone, internet, text message, or any other means.

Announcements may be made about matters of interest to the congregation.

At this point in the service, we often receive a collection of money for the support of the church.

For those worshipping remotely this week, please mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make your weekly gift or regular pledge offering.

There is a collection basket/plate near the entrance for those worshipping in person to make your weekly gift or regular pledge offering. If you prefer, you may also mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make a gift online.

If you are worshipping remotely today, please skip ahead to the Lord's Prayer on page 11 of this booklet or page 364 of The Book of Common Prayer

Eucharistic Prayer 1

from *Enriching Our Worship*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The Celebrant continues

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues:

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come, thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Celebrant breaks the consecrated Bread, then says
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Those present in person will be invited to receive the Body of Christ in bread only.

Please come forward as directed to receive communion, being careful to maintain a six-foot distance between you and anyone who does not live with you.

Use the provided hand sanitizer thoroughly, then hold out one hand above the other to receive the bread from the priest

As you step away, briefly remove your mask (with the hand not holding the bread), to place the wafer in your mouth, then replace your mask and return to your seat.

NB, the path for communion is one-way only. Continue along the cleared pathway to the brick walkway, then return to your seat from there.

Those worshipping remotely, or those who are physically present but not comfortable physically receiving communion, are invited to offer a prayer for “spiritual communion”, which is printed on the next page.

During this pandemic, when transmission risks make it unusually challenging to gather and receive communion, we depend on the long established teaching of the Church that if a person is prevented from physically receiving the Sacrament for reasons of extreme illness, danger, or disability, the desire for Christ’s presence alone is enough for all the benefits of the Sacrament to be received. This prayer helps us create the space in heart and spirit to receive this gift when we cannot physically receive the bread.

A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

*(From Saint Augustine's Prayer Book, rev 2014.,
based on a prayer by St. Alphonsus de Liguori)*

Post communion prayer

Book of Common Prayer, page 365

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

The priest offers a blessing, and the people respond. Amen.

The Dismissal

The Deacon dismisses us to go forth into the world.

People **Thanks be to God. [Alleluia, alleluia!]**

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Lisa Yeh, *Online lector*
Bruce Velzy, *Telephone lector*
Sarah Fawcett-Lee, *In person lector*
Judie Perinchief, Carolyn Weeks, *Altar Guild*
Joan Dighton, Nancy Matthews, Steve Yocum, *Ushers and Greeters*
The Rev. Leslie G. Mazzacano, *Deacon and Preacher*
The Rev. Emily A. Mellott, *Celebrant*