

The Holy Eucharist
with spiritual communion
for remote worship

The Twelfth Sunday after Pentecost
August 23, 2020



Trinity
Episcopal Church

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THE TEN COMMANDMENTS OF LOVING WORSHIP
to reduce the risk of COVID-19 transmission

Thou shalt register thine attendance and check in with the ushers/greeters to enable contact tracing.

Thou shalt use only designated entrance and exit doors, and follow all directions of ushers and worship leaders to enter, exit, and receive communion.

Thou shalt maintain a distance of at least six feet from other worshippers.

Thou shalt wear thy mask at all times while in church buildings or outdoor worship space.

Thou shalt use hand sanitizer upon entering and exiting the church, and immediately before receiving communion.

Thou shalt refrain from physical contact with other worshippers.

Thou shalt depart immediately at the end of the service, and refrain from social gathering on church grounds.

Thou shalt stay in thine home, or depart immediately, if thou hast a fever or symptoms of illness.

Thou shalt notify the Rector or Parish Administrator immediately if thou dost fall ill or test positive for COVID-19.

Thou shalt be kind, considerate, and understanding for the Lord hath commanded us to love one another.



THE LITURGY OF THE WORD

Book of Common Prayer, page 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

All say together:

BCP page 356

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Celebrant The Lord be with you.
People **And also with you.**

Let us pray.

(BCP page 232)

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from the Book of Exodus

1:8-2:10

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live."

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

The Word of the Lord.

Thanks be to God.

Psalm 124

Book of Common Prayer, page 781

- 1 If the LORD had not been on our side, *
let Israel now say;
- 2 **If the LORD had not been on our side, ***
when enemies rose up against us;
- 3 Then would they have swallowed us up alive *
in their fierce anger toward us;
- 4 **Then would the waters have overwhelmed us ***
and the torrent gone over us;
- 5 Then would the raging waters *
have gone right over us.
- 6 **Blessed be the LORD! ***
he has not given us over to be a prey for their teeth.
- 7 We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.
- 8 **Our help is in the Name of the LORD, ***
the maker of heaven and earth.

A reading from the Letter of Paul to the Romans

12:1-8

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

The Word of the Lord.

Thanks be to God

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Matthew 16:13-20

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?” And they said, “Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.” He said to them, “But who do you say that I am?” Simon Peter answered, “You are the Messiah, the Son of the living God.” And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Reverend Emily Mellott

The Nicene Creed

Book of Common Prayer, page 358

We believe in one God,

**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

**he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Form IV, *Book of Common Prayer*, page 388

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding prayer:

Almighty and eternal God, ruler of all things in heaven and on earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

Amen.

Confession of Sin

Book of Common Prayer, page 360

The Deacon or Celebrant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord, maintaining their physical distance.

Whether you are worshipping remotely or in person, let the exchange of peace here be a reminder to reach out in the spirit of Christ's peace today to someone you are not seeing in worship right now and share greetings and care by telephone, internet, text message, or any other means.

Announcements may be made about matters of interest to the congregation.

At this point in the service, we often receive a collection of money for the support of the church.

For those worshipping remotely this week, please mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make your weekly gift or regular pledge offering.

There is a collection basket/plate near the entrance for those worshipping in person to make your weekly gift or regular pledge offering. If you prefer, you may also mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make a gift online.

If you are worshipping remotely today, please skip ahead to the Lord's Prayer on page 11 of this booklet or page 364 of The Book of Common Prayer

Eucharistic Prayer 1

from *Enriching Our Worship*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The Celebrant continues

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues:

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread, then says
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Those present in person will be invited to receive the Body of Christ in bread only.

Please come forward as directed to receive communion, being careful to maintain a six-foot distance between you and anyone who does not live with you.

Use the provided hand sanitizer thoroughly, then hold out one hand above the other to receive the bread from the priest

As you step away, briefly remove your mask (with the hand not holding the bread), to place the wafer in your mouth, then replace your mask and return to your seat.

NB, the path for communion is one-way only. Continue along the cleared pathway to the brick walkway, then return to your seat from there.

Those worshipping remotely, or those who are physically present but not comfortable physically receiving communion, are invited to offer a prayer for "spiritual communion", which is printed on the next page.

During this pandemic, when transmission risks make it unusually challenging to gather and receive communion, we depend on the long established teaching of the Church that if a person is prevented from physically receiving the Sacrament for reasons of extreme illness, danger, or disability, the desire for Christ's presence alone is enough for all the benefits of the Sacrament to be received. This prayer helps us create the space in heart and spirit to receive this gift when we cannot physically receive the bread.

A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

*(From Saint Augustine's Prayer Book, rev 2014.,
based on a prayer by St. Alphonsus de Liguori)*

Post communion prayer

Book of Common Prayer, page 365

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

The priest offers a blessing, and the people respond. Amen.

The Dismissal

The Deacon dismisses us to go forth into the world.
People **Thanks be to God. [Alleluia, alleluia!]**

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Bruce Velzy (with Sharon Velzy), *Online lector*
Jim Morley, *Telephone lector*
David Rapuano, *In person lector*
Judie Perinchief, *Altar Guild*
Bill McBride, Chris Norris, Amy Paglione, *Usher and Greeters*
The Rev. Leslie G. Mazzacano, *Deacon*
The Rev. Emily A. Mellott, *Celebrant and Preacher*