

The Holy Eucharist
with spiritual communion
for remote worship

The Eleventh Sunday after Pentecost
August 16, 2020



Trinity
Episcopal Church

207 West Main Street, Moorestown, NJ 08057
(856) 235-0811
trinity@trinitymoorestown.org

THE TEN COMMANDMENTS OF LOVING WORSHIP
to reduce the risk of COVID-19 transmission

Thou shalt register thine attendance and check in with the ushers/greeters to enable contact tracing.

Thou shalt use only designated entrance and exit doors, and follow all directions of ushers and worship leaders to enter, exit, and receive communion.

Thou shalt maintain a distance of at least six feet from other worshippers.

Thou shalt wear thy mask at all times while in church buildings or outdoor worship space.

Thou shalt use hand sanitizer upon entering and exiting the church, and immediately before receiving communion.

Thou shalt refrain from physical contact with other worshippers.

Thou shalt depart immediately at the end of the service, and refrain from social gathering on church grounds.

Thou shalt stay in thine home, or depart immediately, if thou hast a fever or symptoms of illness.

Thou shalt notify the Rector or Parish Administrator immediately if thou dost fall ill or test positive for COVID-19.

Thou shalt be kind, considerate, and understanding for the Lord hath commanded us to love one another.



THE LITURGY OF THE WORD

Book of Common Prayer, page 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

All say together:

BCP page 356

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

Celebrant The Lord be with you.
People **And also with you.**

Let us pray.

(BCP page 232)

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of this redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Reading from the Book of Genesis

45:1-15

Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.' And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here." Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

Thanks be to God.

Psalm 133

Book of Common Prayer, page 787

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 **It is like fine oil upon the head ***
that runs down upon the beard,
- 3 Upon the beard of Aaron, *
and runs down upon the collar of his robe.
- 4 **It is like the dew of Hermon ***
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: *
life for evermore.

A reading from the Letter of Paul to the Romans

11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

The Word of the Lord.

Thanks be to God

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Matthew 15:21-28

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Reverend Emily Mellott

The Nicene Creed

Book of Common Prayer, page 358

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Form III, *Book of Common Prayer*, page 387

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

The people offer their own prayers.

The Celebrant adds a concluding prayer:

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession of Sin

Book of Common Prayer, page 360

The Deacon or Celebrant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Exchange of Peace

The Celebrant says to the people

The peace of Christ be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord, maintaining their physical distance.

Whether you are worshiping remotely or in person, let the exchange of peace here be a reminder to reach out in the spirit of Christ's peace today to someone you are not seeing in worship right now and share greetings and care by telephone, internet, text message, or any other means.

Announcements may be made about matters of interest to the congregation.

At this point in the service, we often receive a collection of money for the support of the church.

For those worshipping remotely this week, please mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make your weekly gift or regular pledge offering.

There is a collection basket/plate near the entrance for those worshipping in person to make your weekly gift or regular pledge offering. If you prefer, you may also mail your regular pledge check to the office, use your bank's online payment system, or visit www.trinitymoorestown.org/donate to make a gift online.

If you are worshipping remotely today, please skip ahead to the Lord's Prayer on page 11 of this booklet or page 364 of The Book of Common Prayer

Eucharistic Prayer 1

from *Enriching Our Worship*

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

The Celebrant continues

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues:

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come, thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

The Celebrant breaks the consecrated Bread, then says
Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Those present in person will be invited to receive the Body of Christ in bread only.

Please come forward as directed to receive communion, being careful to maintain a six-foot distance between you and anyone who does not live with you.

Use the provided hand sanitizer thoroughly, then hold out one hand above the other to receive the bread from the priest

As you step away, briefly remove your mask (with the hand not holding the bread), to place the wafer in your mouth, then replace your mask and return to your seat.

NB, the path for communion is one-way only. Continue along the cleared pathway to the brick walkway, then return to your seat from there.

Those worshipping remotely, or those who are physically present but not comfortable physically receiving communion, are invited to offer a prayer for “spiritual communion”, which is printed on the next page.

During this pandemic, when transmission risks make it unusually challenging to gather and receive communion, we depend on the long established teaching of the Church that if a person is prevented from physically receiving the Sacrament for reasons of extreme illness, danger, or disability, the desire for Christ’s presence alone is enough for all the benefits of the Sacrament to be received. This prayer helps us create the space in heart and spirit to receive this gift when we cannot physically receive the bread.

A prayer for Spiritual Communion

Jesus, I believe that you are truly present in the Holy Sacrament and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life, until by your grace, I come to your glorious kingdom and unending peace. Amen.

*(From Saint Augustine's Prayer Book, rev 2014.,
based on a prayer by St. Alphonsus de Liguori)*

Post communion prayer

Book of Common Prayer, page 365

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

The priest offers a blessing, and the people respond. Amen.

The Dismissal

The Deacon dismisses us to go forth into the world.

People **Thanks be to God. [Alleluia, alleluia!]**

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Lori Rapuano (with Brian, David, and Justin Rapuano), *Online lector*

Peter Knerr, *Telephone lector*

Michael Bathke, *In person lector*

Helen Anderson, Carolyn Weeks, *Altar Guild*

Nancy Matthews, John Murray, Jeff Wojcik, *Ushers and Greeters*

The Rev. Leslie G. Mazzacano, *Deacon*

The Rev. Emily A. Mellott, *Celebrant and Preacher*