

# Start with Me!

## I'll Tell You What to Do Next...

**In few simple steps, you'll be ready to go.  
If you used Living the Good News online before,  
we've made a few changes to make it easier!**

### **Here's what's just happened when you "unzipped" the file you downloaded:**

Your computer divided the contents of the zipped file into separate files.

- ◆ The first of these is what you're reading now.
- ◆ The second is your session plan, to which are attached a number of additional documents that you'll need for the session. In the session plan itself, for Fall, Winter and Spring, page 1 is your overview (**Session Essentials**), page 2 is your **Core Session**, pages 3-4 are optional **Enrichment** activities, and pages 5-6 are just for you, the leader, called **Helps for Leaders**. For Summer, page 1 is your overview (**Session Essentials**), page 2 is your **Core Session**, page 3 has optional **Enrichment** activities, and page 4 is just for you, the leader, called **Helps for Leaders**.
- ◆ For Fall, Winter and Spring, if you're using Nursery through Young Teen, the third and fourth files are two different versions of the take-home or in-session paper. One version is in full-color and the other is light-color. The former is more appropriate to email to children, families and teens; the light-color version is better for printing, using less ink. For Summer, there is only one family-friendly take-home to cover all ages, titled *Bridges*.
- ◆ For Fall, Winter and Spring, if you've subscribed to High School or Adult, there will be only one version of the accompanying black-and-white Journal. In Summer, there are no journals, although you will find adult scripture study sheets that can be distributed to participants.
- ◆ Note that there is no accompanying participant piece for the Multi-Age level of the curriculum.

Throughout your session plan you'll find references to supplemental resources (activities, music, art, etc.). In most cases, these are the additional files attached to your session plan. When your session plan opens in Adobe Reader, in the left column you'll find quick links to the other documents. Just click on one to open it. It can then be printed, saved or transferred to another computer or a tablet. Even better, you can email any of this material to your leaders, children, youth, adults and/or families involved in your program and church.

Also in the session plans, you will find embedded Internet links to take you to additional information on session themes, artists, musicians, composers, authors, poets and more. For these links to work, you'll need Internet access.

So that's what you've just downloaded!

But there's more! At the main site, you also will find a folder of Seasonal Resources to download. Within this are even more articles, music, posters and images. Your session plans will also reference these resources, so have this folder handy on your desktop for easy access.

Want to learn more? Click on these links to find:

- ◆ [Overviews for the coming year, which will tell you which Sundays fall on which dates for the year.](#)
- ◆ [A list of FAQs \(Frequently Asked Questions\) and \(of course\) their answers.](#)
- ◆ [The home page of the \*\*Living the Good News\*\* site, which will also have easy-to-follow links to other resources.](#)

We think most of your questions will be answered through these sources, but if you still need help, you can also find it by clicking here on [Contact Us](#).

Thank you for using **Living the Good News online!** The best lectionary-based curriculum on the planet!

\* For full functionality, we recommend you update Adobe Reader to its latest version, if you don't have it. You can download it for free at <https://get.adobe.com/reader/>.