

LITANY OF JOY

In the times I am feeling the weight of the Cross... **Jesus, come be my joy.**

In times of confusion... **Jesus come be my joy.**

When I am afraid...**Jesus come be my joy.**

In the times I feel overwhelmed...**Jesus come be my joy**

In the times when I feel Your peace...**Jesus come be my joy**

In times of friendship and community...**Jesus come be my joy**

In times of misunderstanding and hurt...**Jesus come be my joy**

When I am jealous...**Jesus come be my joy**

When I am angry...**Jesus come be my joy**

When I want to give up...**Jesus come be my joy**

When I am fighting temptation...**Jesus come be my joy**

In times of planning and work...**Jesus come be my joy**

In times when I am tired...**Jesus come be my joy**

In times of doubt...**Jesus come be my joy**

When I cannot see the future ahead of me...**Jesus come be my joy**

At all times, seasons, and moments in my life...**Jesus come be my joy**

Amen.

Joy is not an emotion. It is a choice.

Written by Colleen Colette